



University
of Victoria

NUR 680 SPCL TOPICS: RSRCH MTHDS:

Indigenous Health Nursing Approaches to Wellness

Offered from September 2023 to April 2024 (1.5 U)

Instructor: Dr. Lisa Bourque Bearskin
Associate Professor, School of Nursing
Mode of Delivery: Online course

In this seminar, students are provided with opportunities to connect with and be mentored by Indigenous healers, helpers and health professionals in a process of critical reflexive and transformative learning focused on Indigenous knowledge generation, reclamation, exchange, translation and mobilization. This process involves thoughtful engagement with local Indigenous Peoples using Indigenous Research Methodologies (IRM) as a way to situate oneself in relation to the histories, wellness experiences and knowledge systems of a distinct population. At its core, this course is an examination of the ways in which Indigenous Knowledges shape the attitudes and wellness practices of Indigenous Peoples, and the impact of colonialist knowledge systems on access to quality healthcare. Through praxis, students will develop an enhanced understanding of holistic healing approaches to engaging with Indigenous wellness research. Intergenerational mentorship will be incorporated to support students to develop their distinct approach as a developing nurse researcher. A process of critical reflexivity will deepen understandings of the implications and obligations of the role of Indigenous nurses in relationship with, and in service to Indigenous Populations. This seminar is part of the Indigenous Wellness Nursing specialty education stream that is currently under development.

Photos by: Billie Jean Gabriel Photography



Please contact Dr. Joanna Fraser
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Kristen Elder to register for the course at nurscoord@uvic.ca