



AA, NA & Wellbriety

Virtual Open Meetings
for Tkemlúps te Secwépemc Members

MONDAY Wellbriety Meeting: 10 am to noon

TUESDAY AA Meeting: 1:30 pm to 3:30 pm

WEDNESDAY NA Meeting: 1:30 pm to 3:30 pm

THURSDAY AA Meeting: 1:30 pm to 3:30 pm

FRIDAY Wellbriety Meeting: 10 am to noon

Join by clicking this link or copy and paste the link into a web browser

<https://adv.ucs.ricoh.com/meet/88025812>

Or call 1-647-556-5305

Conference Code: 88025812#

Guest PIN: 9704

Dave Manuel, TteS Wellness Counsellor

250-372-5030

dave.manuel@kib.ca

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 púsmen
(Keep healthy and strong in body and mind)**