



LEX'YEM

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ABOUT THE COVER

Very SPECIAL THANKS goes to Jesse Seymour, a member of the Kamloops Indian Band for the superb art work involved in designing our "Fall Edition" of Lex'Yem.

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ENJOY THIS ISSUE OF LEX'YEM
IF YOU'VE GOT ANY COMMENTS
GOOD OR BAD ABOUT THE NEW-
LETTER, LET US KNOW!

Happy Birthday!

AUGUST BIRTHDAYS

- 01 - Gottfriedson, Joshua August
- 01 - Jules, Janice Nadine
- 01 - Jules, Sharon
- 01 - Leonard, Debbie
- 02 - Jensen, Timothy Charles
- 06 - Peters, Sherry Rose
- 07 - Peters, George Michael
- 08 - Seymour, Loretta
- 09 - Jules, Joseph
- 10 - Leonard, Vivian Kathrine
- 10 - Manuel, Jacqueline Wanette
- 11 - Charles, Donald Richard
- 12 - Casimir, George Evan
- 12 - Leonard, Rickey Lewis
- 12 - Seymour, Tanya Angelina Tina
- 15 - Jensen, Douglas Edward
- 16 - Jensen, Marlene
- 16 - Mitchell, Stuart Valois
- 19 - Fraser, Beatrice Rose
- 19 - Jules, Verna Esther
- 19 - Paul, Donna May
- 19 - Seymour, Angeline
- 19 - Thomas, William Martin
- 20 - Jules, Louis Junior Smith
- 21 - Gottfriedson, August Sr.
- 23 - Casimir, Victoria Levina Rose
- 23 - George, Quanah Tyler
- 24 - Frazie, Karen Lee
- 24 - Gottfriedson, David Newman Ronnie
- 24 - Leonard, Roseanna
- 25 - Casimir, James Gerald Thomas
- 27 - Thomas, Andrea Sylvia
- 28 - Jules, Ida
- 31 - Paul, Shirley Ann
- 31 - Peters, Cori-Dawn Eliza

SEPTEMBER BIRTHDAYS

- 02 - Jules, Kevin James
- 02 - Lecamp, Margaret Ann
- 03 - Gottfriedson, Glen Derrick
- 04 - Camille, Martin Keith
- 04 - Jules, Sisiaskit Star Dreaming Man
- 04 - Mitchell, Peggy Faye
- 05 - Seymour, Eleanor Hazel
- 05 - Baptiste, Teresa Marie
- 06 - Manuel, Frank
- 06 - Seymour, Jesse Daniel
- 07 - Manuel, Allan
- 08 - Casimir, Russell Gray Eagle
- 08 - Edwards, Janet Marie
- 09 - Camille, Brent
- 09 - Paul, Shane Will
- 10 - Leonard, Constance Dee
- 10 - Leonard, Carolyn Lee
- 10 - Paul, Darlene Louise
- 10 - Seymour, Hyacinth Peter
- 11 - Frèzie, Joseph Arthur
- 12 - Jules, Deina Marie
- 13 - Leonard, Mary
- 13 - Manuel, Marilyn Ethel
- 15 - Baptiste, Kristy Michelle
- 15 - Manuel, Alan Wesley
- 19 - Thomas, Debra
- 20 - Thomas, James Victor
- 22 - Thomas, Denise Arden Roanna
- 24 - Gottfriedson, Elliot Mark
- 25 - Camille, Wayne
- 26 - Gottfriedson, Lyndsey Dessa
- 26 - Gregoire, Tara Cheyenne
- 26 - Mosterd, Joanne
- 27 - Gottfriedson, Chad
- 27 - Isadore, Arthur Dennis
- 29 - Manuel, Lorenzo Kirby
- 30 - Gottfriedson, Roberta Lee

Happy Birthday

Happy Anniversary

OCTOBER BIRTHDAYS

ANNIVERSARIES

- 02 - Thomas, Bertha Christine
- 03 - Thomas, Mary Louise
- 04 - Seymour, Daniel
- 05 - George, Debra Kaye
- 05 - Manuel, Danielle Carrolle
- 06 - Gottfriedson, Robert William
- 07 - Jules, Faye Rosalie
- 08 - Seymour, Veronica Lynn
- 09 - Camille, Lacy
- 09 - Frezie, Herbert Glen
- 09 - Jules, Tessie Joephine
- 10 - Jules, Doreen
- 10 - Jules, Marvin Lloyd
- 10 - Leonard, Ronald Gaylon
- 11 - Jules, Clarence Thomas
- 11 - Manuel, Shelly Marie
- 12 - Jensen, Rita Anna
- 13 - Frezie, Susan Eliza
- 14 - Seymour, Veronica Phyllis
- 15 - Isadore, Brenda Irene
- 15 - Leonard, Neil James
- 17 - Manuel, Faron Mark
- 17 - Peters, Delyla Aprilynne
- 18 - Dumont Jean Gabriel Baptiste
- 20 - Gottfriedson, Karly Rae
- 20 - Leonard, Charles Wesley
- 20 - Leonard, Jo-Anne
- 21 - Thomas, Regina
- 22 - Camille, Carol Delinda
- 22 - Leonard, James Dunlop George
- 28 - Zarazun, Leon Mark
- 29 - Seymour, Carley Elaina
- 30 - Bourke, Colleen Frances
- 30 - Leonard, Sonny
- 31 - Isadore, Debra Anne
- 31 - Humphrey, Rosanne Marie
- 31 - Peters, Nancy Rose

**** Aug. 13 ****
Pete & Nancy Peters

**** Aug. 16 ****
Art & Rebecca Paul

**** Sept. 1 ****
Kevin & Brenda Jules

**** Sept. 1 ****
Rick & Colleen Leonard

**** Oct. 15 ****
Clayton & Sherry Peters

****People getting their gas at the Halston Esso, please remember that you must have with you your status card or K.I.B. identification papers or you will not be eligible for the 7% off.**

Daycare Update

By Angie Jules/Supervisor

A warm Hello to you all! Well school time again and everyone is busy trying to settle their children into a school routine once again. We at the Daycare are very busy with the new students also getting them settled with our daily routine.

The enrollment at this time is looking really good, we have 49 children enrolled. The under 3 program is running at full capacity and we have a waiting list for this program. The over 3 program still have spaces available.

The out of school care program has 12 children and this program has eight spaces available.

We have new staff members relacing those that are taking the Early Childhood Education Course and they are Verna Jules who operates the out of school care while BonnieThompson (Peters) is taking the course on a full time basis. Shelly Manuel is replacing Lorna Seymour who is also taking the E.C.E.D. course part-time and then there is Shirley Peters who works full time with the under 3's, she is kept very busy changing diapers and washing bottoms.

At this time, we would like to welcome back the under 3's supervisor Gillian Woods who has been away for the summer. The assistant supervisor, Wendy Marchese, who has worked very hard all summer will be taking her holidays starting September 15 - October 6, 1986. We wish tis special lady a happy journey to wherever she may roam.

We would like to give a special thanks to the hard working cooks Laura

Jules and Loretta Seymour. We really appreciate the nutritious meals they have provided for us.

Finally, we would like to welcome all our new parents who have enrolled their children in the Daycare Center and please feel free to drop in and spend time with your children.

We would also appreciate any valuable junk you have around your house such as meat trays, toilet rolls, newspapers, catalogues, old x-mas cards, wallpaper, ribbons, etc...

Thank you for allowing us to join with you in providing for the care, loving, and nurturing of your developing child.

Nursery News

By: Jeanette Jules & Jenny Green

Greetings Everyone. We've had a very busy time since the nursery re-opened on September 3. So far we have 26 children enrolled in the morning and afternoon classes. For most it's their first time in our nursery programme.

We are still trying to get organized here, unloading our boxes and putting our posters back up. That is in between getting to know the new little ones and reacquainting ourselves with the ones returning.

I'd like to invite everyone who hasn't come in to see the newly renovated school to drop by sometime. Thanks to Ken Scopick, Tim Jules, Joey Peters, Ken Jensen, Jim Burns, Grant Seymour, Steve Jules, Nadine (Winner) Thomas, Gayle Gottfriedson, Louise Olman, Art Hess & Crew, the carpenters

electricians and anyone we may have forgotten. Who worked hard getting the school ready for September. It almost looks like a new school. Close enough hey Ken!

At this time we would like to send out congratulations to Mrs. Janice Billy for the birth of her daughter Christine and Shirley on the birth of Shawna. Shirley has taken the year off to be with her new baby and to take some courses at Cariboo College. But she'll still be dropping by the nursery once in a while.

Nursery hours are; mornings 9:00 - 12:00 and afternoons 12:30 - 3:30.

That's all for now, until next time.

Education

By: Annette Thomas, Ed. Co-Ordin.

As of August 26, 1986, I was hired as the Band's Education Co-Ordinator. The basic functions of this position is to; administer the post-secondary and technical trade student programs; to act as a liaison between the band, school district, post secondary and technical institutes, parents and students. I also provide educational counselling to the band members; I am responsible for preparation of reports and all other correspondence relating to this position.

In order to qualify for this position, I needed to have a minimum of two years experience and training. Also, I needed administrative and bookkeeping experience as I will be preparing the budgets for the education department.

So far to date, I have been fairly busy with students registering for college. I'm happy to report that we have a large percentage of students attending Cariboo College and the Interior Native UCEP Program. We have one student attending NITEP; two others at Okanagan College; a couple at UBC; and several others attending various coastal colleges.

All students are on a program called "Royal Bank Payment Distribution Service". With this program, the monthly educational assistance payments can be deposited directly into the student's individual bank accounts. Therefore, it is very important to notify me immediately if you change banks or bank accounts. If you are planning to do this, then intend to change before the middle of each month, otherwise your payment will be rejected by the Royal Bank and sent back to Vancouver.

I would like to wish all the post secondary students good luck for this school year. If you have any questions regarding post secondary education, please feel free to contact me at the band office.

Challenge '86

By: Annette Thomas, Ed. Co-Ordin.

During the summer, there were 6 students hired for the Challenge '86 Project. These students are as follows:

David Casimir (Grade 12) Pow Wow Grounds and Ballpark Cartaker.

Dan Gottfriedson (Cariboo) Maintenance and St. Joseph's Church landscaping.

Jeff Seymour (UCEP) Maintenance and St. Joseph's Church Landscaping.

Ted Gottfridson (UCEP) Maintenance and St. Joseph's Church Landscaping.

Ed Jensen (UCEP) St. Joseph's Church Tour Guide.

Shelly Manuel (Cariboo) Geneology Study.

These students were under the guidance of various KIB Departments such as the Maintenance Crew; Ken Scopick and Jon Spotted Eagle.

At the end of the project, the students put together a chart on the Challenge '86 Program which is displayed in the band office.

This project proved to be successful and hopefully we will be able to have another for the 1986 summer.

Congratulations to these students who worked hard and did a great job.

Parents Committee

SKE'LEP PARENTS COMMITTEE - Parent's In Action.

On September 25, 1986, the Ske'Lep Parent's Committee held their first meeting at the Ske'Lep Library.

The Ske'Lep School will be having their Open House on Thursday, October 2nd, 1986 in the KIRS dining room plus the school will be open to view the classroom. Everyone is invited to attend. Notices will be sent home requesting donations.

If your child has any kind of allergies or is on a prescription, please notify your child's teacher immediately.

Report cards will be issued sometime during the 3rd week in October.

Mrs. Janice Michel-Billy stressed

the importance of the children's reading program. Please encourage your child to read at home to you. Request that your child's reader be sent home every night.

On October 1st, 1986 there will be a Cross Country run held in the field down from Ske'Lep School with Ralph Bell and Ske'Lep kids participating. Ribbons will be awarded. It would be really nice to see all the intermediate kids participating so please encourage your child to enter this run.

In regards to the Language program, Josephine Jules is in need of a volunteer to help get the material ready for the classes. This will be a lot of pasting, cutting, etc. See Josie for more information as this helper is needed immediately. Also, if you can speak Shuswap and would like to show the kids how the language is spoken in conversation, don't be shy and come in, these kids will only benefit from your knowledge.

Grandparent's are always encouraged to come in to the school.

The Parent's Committee will be working on various fund raising projects throughout the year for t-shirts, computers, etc. so please support us.

A meeting will be held on October 16, 1986 for the Halloween Party so bring your ideas to the band office.

SKE'LEP PARENTS COMMITTEE MEETING
October 23, 1986
KIB Band Office

PLAN TO ATTEND

Home School Coordinators Report

By: Marlene Camille, Home School
Co-Ordinator

I have recently been hired as your new Home School Co-Ordinator as of August 26, 196. My responsibilities gear towards students attending Kindergarten to Grade 12.

Job Description; Liase between the Band, School District, Secondary Educational Institutes, students and parents as required; Liase with social and educational agencies and with Band staff to assist students develop educational goals; Educational counselling to Band members; Administrate and recommends payment of student allowances and fees; Maintains records and files of students and educational programs as required; Other related duties.

Objectives for 1986/87; Get letters about programs to parents; Get enrollment card on each student; Introduction to each teacher and counsellor; Check all records of credits and grade point average; Check activities each student is involved in; Send out performance report; Check out quarter grades; Make contact with each student; Make continued check of each student with academic or other educational problems; Check with parents with marginal students; Contact and discuss students problems with teachers and school counsellors; Monitor the attendance of each student; Contact those in danger of suspension; Secure those tutorial services for those who might benefit from it.

I would greatly appreciate any ideas from parents and concerned members that would help students keep up with school responsibilities. I

hope the students had a good restful summer for now it's time to pull up your socks and put your noses into your books. These years at school are your most important ones for socializing and working towards future goals and careers. I want you to take your work seriously and discipline yourself to your homework and school attendance. The discipline you acquire now will help you in the future when going out in the work field and higher education. Your attendance will effect future employers in deciding how competent and reliable you have been when reviewing your resume. Remember you are going to school for yourself to learn the basic skills that will help you and not for your friends or parents.

The most important and effective teachers are parents. They can teach the children pride and confidence in themselves. Students bring with them what they learn at home into the school setting. I find that students have difficulty expressing themselves to teachers and counsellors. This may lead to a misunderstanding of what the student is trying to get across.

Parents assist students in self confidence by praising their work and helping them in weak areas. Children can teach as well as learn. It gives them a sense of accomplishment when teaching others their knowledge of expertise. Show interest and concern in what your child reads and learns at school and at play.

There will be a parent's committee for Ske'Lep and one for parents whose children are attending other schools. Interested and concerned persons please contact me so I can set

a date and place for meetings at your convenience. There is a great need for parental involvement and a great need for parents to understand what students are involved in at school. We all want our children to succeed at school, so a clearer understanding will be most beneficial in supporting your student's academic achievement. I would like to get some teachers and counsellors at some of these meetings to elaborate on topics of concern. We need more parental involvement in extra curricular activities such as fund raising, field trips and parties. This committee will allow parents and family members to share their concerns as well as helpful hints to help students success. So parents and concerned family members come out and support our future generation.

I would like to suggest that you set up a weekly schedule so the student will know what is expected of them in maintaining the household and homework. The schedule should be placed in an area where everyone can see it, for example on the fridge door. There should be be times blocked in for leisure as well as work. You should have at least a half hour for homework every night, but no longer than an hour. Younger children should be exposed to books as much as possible by reading to them before bedtime. This will help them in better understanding of literacy and can be used as a treat for doing their daily duties. Keep tabs on your child's progress. Mark down any special projects that should be worked on during the homework period.

The Kamloops Indian Band would like to encourage some students to get

their Bronze Cross for lifeguarding at the pool next summer. We had to hire three non-Band members last summer and would have preferred Band members.

For those students who simply cannot deal with school, home and teachers, have no fear, I am looking into an alternative such as MILITARY ACADEMY!

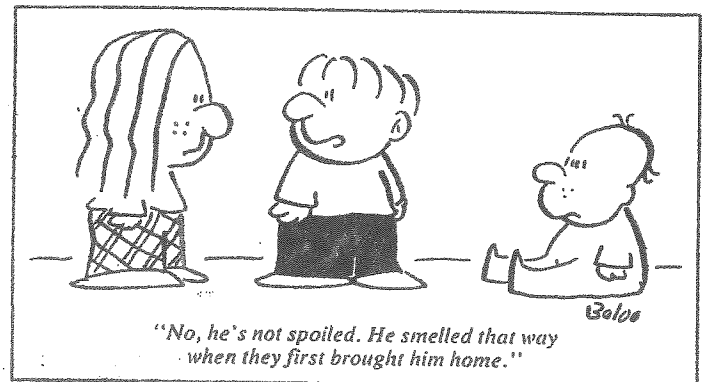
ALWAYS REMEMBER

The way you view your child
Is the way he views himself

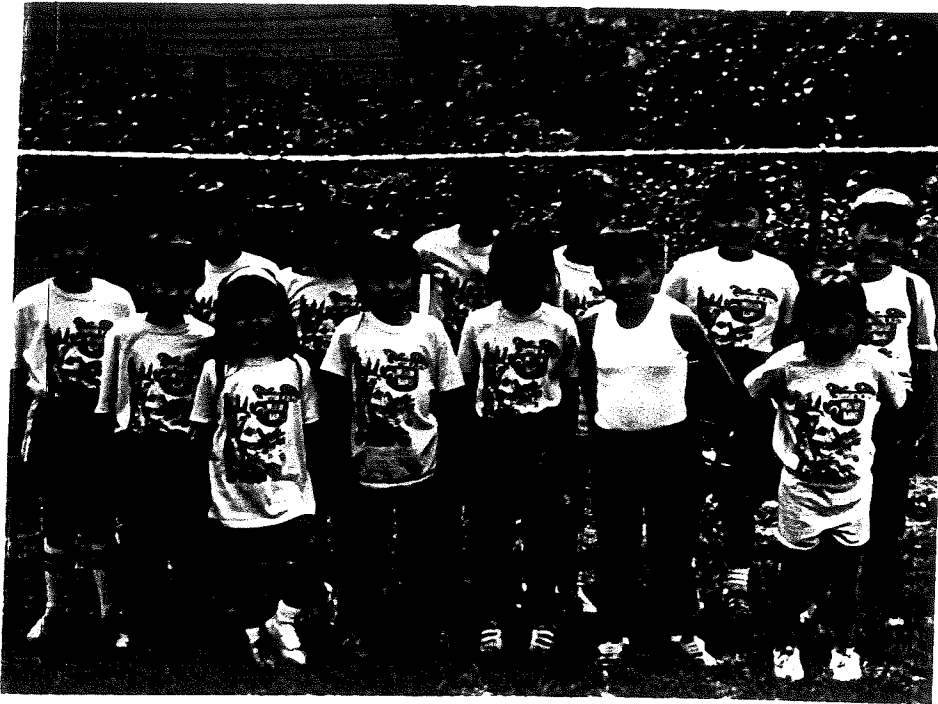
If you see him as lazy or naughty
He will see himself as lazy and
naughty

If you see him as trustworthy and
honest
He will see himself as trustworthy and
honest

If you can see him as capable and
worthy
He will see himself as capable and
worthy



Congratulations - K.I.B. Smurfs



By: Mary Gottfriedson, Child Care Worker

The Kamloops Indian Band had its first all Native team enter in the Kamloops Minor Softball for 1986. Playing for the KIB Smurfs were:

Harmony Seymour

Cam Rose Gottfriedson

Farrah Gottfriedson

Dallas Saul

Lillawas Jules

Sabrina Thomas

Micheal Camille

Jade Seymour

Tanya Seymour

Dessa Gottfriedson

Eagle Casimir

Nacoma George

Mikey Sasakamoose

Jr. Camille

Evening Star Casimir

Russell Mathias

Having all these kids playing together had its ups and downs. One of the ups was that they gained more self confidence. They had great time, even though for most of the players this was the first time they had ever played ball. Each one of these kids are both special and winners. Many thanks goes to the parents of the kids. They helped with coaching, umpiring, cheering, packing equipment and supplying them with drinks and water.

Childcare Report

By: Mary Gottfriedson, Child Care Worker

It may interest you to know that KIB also has its own Youth Group. The list is as follows:

Eli Jules, Head Brave (Vice-President)
Melissa Mathias (Secretary)
Dan Gottfriedson, Chief (President)
Ted Gottfriedson, (Advisor)
Ricky Jules Jr.
Darrell Jules
Veronica Seymour
Tally Gottfriedson
Reuben Seymour
Chad Gottfriedson
Gordon Jules
Wiley Gottfriedson

The Youth Group is anyone from the ages of 12 to 19 years in school. Activities done by this group are putting on a mini pow-wow for the children aged 5 - 12 years. The prize money was raised by the teen dances the group sponsored. We try to meet twice a week for sports (floor hockey, etc.) Also having meetings to decide on different activities. The Youth Group did do some volunteer work. They served at various gatherings, in which they did an excellent job, I'm proud to say.

The KIB Youth Group would like to thank Laura Jules for all the help and the donations towards your Club.

S.A. Report

By: Jon Spotted Eagle, Social Worker

In the last two months I have been using new forms which the Department of Indian Affairs provide.

After an application for Social Assistance takes place, I or the applicant read out aloud the declaration at the bottom of the application. I also advise the applicant that what they are signing is a legal document which under the criminal code of Canada can be used in a court of law.

The budget and decision sheet is also new, I have to repeat some of the questions on the application form. This form is also signed by the individual applying for social assistance. I explain to the applicant the amount they will be receiving for the month they made the application and the amount they will be receiving in the following month. Applicants applying for social assistance are eligible for assistance from the day they made their application to the last day of the month. No retro-active payments for a full month are made. For example you make an application for social assistance on the 20th of the month, your assistance rate will be pro-rated for the 20th of the last day of the month. You are not eligible for a full months assistance. This also applies for Hydro, Natural Gas and telephone rent, if you for example brought in a two month telephone bill with you on the 20th a portion equaling the 20th to the end of the month will be paid. And in your next month entitlement one half of your bill will be paid, as most hydro bills are for a two month bill period the exception being where an applicant is on the

Hydro equal payment plan.

After the budget and decision sheet is signed I then inform the applicant that they have the right to appeal and that the appeal instructions are in the back of the budget and decision sheet, they are given a copy of the budget and decision sheet.

An applicant or recipient of social assistance may appeal on the grounds of:

1. Refusal to grant assistance
2. Cancellation of an allowance
3. Suspension of an allowance
4. Reduction of an allowance
5. Incorrect allowance
6. Method of payment

If you wish to appeal, obtain a form from the Administrative Authority complete and submit to the Administrative Authority within 30 calendar days from date of decision.

As a condition of continuing eligibility for social assistance, a recipient is required:

1. To demonstrate in a manner prescribed by the Administrative Authority that he/she has explored within the limits of his/her ability and circumstances all resources of self support and to provide evidence in support of his/her application.
2. To declare all income for self, spouse, and other dependents when applying or reapplying for social assistance.
3. To cooperate in determining eligibility for social assistance benefits by providing necessary information.

4. To use the social assistance benefits for the intended purpose and in the best interest of himself/herself and dependents.
5. To report immediately to the Administrative Authority any change in income, composition of family, personal or real assets, and any other circumstances which would require adjustment in social assistance entitlement.
6. To accept reasonable employment, vocational training, or rehabilitation services leading towards self-support.

If further information is required please contact myself at the Band Office.

Range Report

By: Allan Casimir, Range Manager

Well, I'm finally getting time to write my report for the fall issue of Lex'Yem, thanks to a little reminder from Doreen.

The Councillors Joe Jules, Richard Seymour, Richard Jules, myself and representatives from Bonaparte and the Upper and Lower Nicola Bands went on a trip to Hihume Lake Reserve #6 last week to find the corner posts of KIR #6.

This reserve is held in common by the four bands; Kamloops, Bonaparte, Upper and Lower Nicola. We've had meetings regarding the improvement and development of this reserve by all working together. They (representatives) have appointed me Chairman in co-ordinating the activities required to develop the reserve. I am now

Range Report

working at co-ordinating a project in fencing and boundaries at Hihiume Lake in the very near future.

Karl Maier, Registered Professional Forester (DIA) Terry Chow, Forester In Training for Shuswap Nation Tribal Council and myself have reviewed the tenders (five) for a complete inventory of our forests and brought the recommendation to Chief and Council. The Chief and Council selected Reid Collins & Associates Ltd., a firm of consulting engineers and foresters to do the inventory. With the Inventory and Forest Management Plan completed before the next year it will allow the Band to apply for a Silviculture Program that will enable the Band to carry on with the spacing and thinning program started in 1983 carried on into 1986 with Spacing and Thinning Training Program co-ordinated with the Cariboo College.

Hopefully our graduates from this program have not forgotten all they have learned because they may have to pass on what they have learned to other Band members during the future forestry program.

We have had several meetings regarding the formation of a Co-Op with interested Band members. On September 3, we had a meeting in the dining room with 11 Band members, this meeting was called to find out the number of members interested in the formation of a Co-Op and the advantage and disadvantages of a Co-Op. The second meeting was on September 10 at the dining room with a guest speaker Phillip Beal who is a member of the B.C. Federation of Agriculture also General Manager of the B.C. Coast Vegetable Co-Operative Association, he

The secret of the system is sticking together. If you are going to be members - support it!

spoke on the rules and regulations of a Co-Op. He stressed that all people must contribute to a co-op, in essence everyone contributed and the co-op operates and keeps expenses at cost, set your objectives and have a number of people co-operate in it and strengthen in numbers. Dollars are pooled and expenses paid out of the profit before the profit is distributed. The secret of the system is sticking together. If you are going to be members - support it! Try to operate at cost.

On September 17, we had another meeting with 12 members present and formed the Co-Op with Allan Casimir appointed (President) Bill Jules (Vice President) James Casimir (Treasurer) Marie Baptiste (Secretary) with Directors being Bruce Thomas, Connie Jules, John George and Joe Jules. All these positions are temporary until we are able to have all interested members present and properly elect all executives and members of the Board. The reason for these temporary appointments was that we could go on having these meetings every week and get nowhere. With the appointed Board of Directors we'd be able to start moving forward not backwards by setting mandates for these appointed members.

There is still no word from C.E.I.C. or D.I.A. on the job situation. I have applications already there waiting to be reviewed whenever

Ottawa will give us money for Job Development. I am doing the best I could for jobs for our Band members that will last throughout the winter. The best news I could give you now is that there is going to be a winter works program allowing the majority of the Band members to work for 2 - 3 weeks before Christmas, other than that we are relying on news from back East.

There will be a Paul Creek Stockholders Association meeting at 7:00 p.m., September 23, 1986 at the K.I.R.S. dining room.

Records Report

By: Sidney Rees, Records Management

Hello, I'm Sidney Rees. I was hired to set up a records management system for the Band files. There are files in each of the offices as well as those in the central file area and storage.

The first part of the job and a continuing one is weeding out duplicate material, making sure all the papers in each file folder belong there and organizing them in chronological order.

In the spring Colleen Leonard was hired as file clerk. She is being trained to take over as permanent file clerk when I leave so that there will be someone here to keep up with all the paperwork which is generated in any busy office such as this.

So far we have completed the files in Education, Social Assistance, Housing, Fire Inspections and Little Fawn Daycare. Colleen has organized and listed the BCR's we have dating

from 1961.

Another very important part of our work is searching through the files for information or documents requested by Chief & Council or band staff.

While sometimes it seems the files expand over night, we are making progress.

C.H.R. Report

By: Wendy Leonard, CHR

Back to school for everyone. I am sure all parents are glad to have their children back to learning. In Nursery the children are receiving vitamins and flouride tablets. Children that have used flouride since birth, the results show that at least 60% have better check-ups, fewer cavities among Native children.

If there are any parents out there who wish to have vitamins or flouride tablets please see me at the office.

| |
|--|
| <p>If a child is at school or an adult is at work, you can't think straight if your stomach is hungry; you are thinking of food!</p> |
|--|

I would like to mention the importance of the first meal of the day, breakfast. After sleeping 8 - 10 hours you have used all your nutrients and need to charge-up by having something nutritious for breakfast. Yes, you need energy to stay awake and alert. If a child is at school or an adult is at work, you can't think straight if your stomach is hungry; you are thinking of food. More than

C.H.R. Report

what the teacher is trying to teach you.

Some breakfast ideas that children can fix by themselves: muffin, (blueberry, cheese, bran, banana, apple), apple or orange juice, milk. Cold cereal (sugarless) (shredded wheat, All Bran, Rice Krispees, Special K) milk, with some fruit on top of cereal. Toast or Peanut Butter or Jam. Toasted bacon and tomato sandwich (if bacon is already cooked) a glass of milk or juice. Now some ideas of what adults can prepare: Scrambled eggs with all kinds of fresh vegetables mixed in, glass of milk or juice or coffee and toast. (You only need to have eggs twice a week as stated in the Canada Food Guide). Rolled Oats with milk and brown sugar, toast, fresh or canned fruit. Eating rolled oats is good for winter months as it keeps you warm and also good for the digestive system. Pancakes or waffles with blueberries or huckleberries, bacon, milk or juice or coffee.

It is also important to send your child to school with a snack, some ideas; fresh fruit, muffins or cookies.

It's a good idea to stay away from snacks containing sugar. When eating sugary foods with a meal; the sugar breaks down and flows out of your system faster. Then if you have a sugary snack between meals the sugar does not break down as fast and is hard on your system. Fat build up and tooth decay. So stay away from foods containing sugar, a lot of foods have their natural sugar.

Since school has been in session for almost a month now, us drivers

will have to be more careful on the roads in the mornings and after school, as there are children on the roads going toward or from school. We should be cautious at all times. Leave a little bit earlier so you don't have to rush down the road and leave a cloud of dust behind you. So please; "Let's Be Careful Out There!".

There will be a CHR meeting September 24 - 25, 1986. CHR's from around the outlying cities or towns will be attending. The CHR's will be speaking about the National CHR Conference we went to in Calgary and how to better the services as a CHR. The Health Educator will be speaking to us on Parenting Skills. The Nutritionist will speak to us about different diets, diabetics, pre-natal and post-natal. The Environment Health Officer will speak to us about Food Preparation.

DEMONSTRATION

(Pressure Cooker Canning of deer meat, fish, etc. and Smoking Fish)

October 25, 1986
9:00 a.m. - 3:00 p.m.
KIB Dining Room
EVERYONE WELCOME!

Some Band members have met the temporary nurse Joanne. Joanne is here until September 30, 1986, then we will be without again, until who knows when. Since Joanne has been here for the months of August and September, we have really pushed ourselves to

getting all the baby immunizations up to date and visiting the chronic elders.

For all those young adults out there that may be turning 19, you need to sign up for your own B.C. Medical Card. As you turn 19 years old, you are automatically taken off of your parents medical card. But you are not automatically put on to a new medical card.

And to anyone who lost their medical card you can come in and sign up for a new one.

Cariboo College is offering a "Baby Saver" course. Various dates for this course are posted at the Band office in the coffee room. I believe this course would be good for mothers of young children; for nursery or daycare workers or to anyone who may be around young children.

Course Description: Accidents are the leading cause of death in infants and small children. Suffocation and food inhalation are the main cause of accidental death of infants. In this course you will learn about; first aid for infant/child choking; CPR for infants and children; Accident prevention in the home. Special features; a short (4 hour) easy to fit in course; class size limited for individual attention; offered in day time, evenings and weekends; participants will receive a certificate from the Canadian Heart Foundation.

BABY SAVER COURSE

FEE: \$15.00

LOCATION: Cariboo College

SCHEDULE

Sept. 2, 6 - 10 pm, Rm. S123

Oct. 9, 6 - 10 pm, Rm. S122

Oct. 21, 6 - 10 pm, Rm. S122

Oct. 31, 9 - 1 pm, Rm. S215

Nov. 14, 9 - 1 pm, Rm. S215

Nov. 18, 6 - 10 pm, Rm. S122

Pre-Registration Only

If you would like to take the course the forms are at the Band office in the coffee room or ask me for a form.

There will be a nurse coming from Vancouver in October to give flu shots to the elderly and chronic ill people. So I will let everyone know of the date when I find out.

My final message I would like to say is "Keep Smiling". Be a friend to everyone. You have a better day!

Pow Wow Committee

By: Freda Jules

The Pow Wow was a great success this year. We had 283 registered dancers and 18 drums.

Many thanks to all of the following people for helping make the Pow Wow a success, they were; Delores Jules, Peter Bighead (MC), Roy P. Coyote (Assistant MC), Peter Peters (Whipman), Peter Anthony (Arena Direc-

Yearbook Notice

tor), Rick Seymour (and all of the concession workers), Shirley Seymour (and all of those who helped with handing out the rations), Henry Gott (and all the security), Teresa Jensen, Dodie Manuel, Band Staff, Maintenance Crew, Randy McDonnell, Chief Manny Jules, Councillors, Jesse Seymour, Rick Jules, Skeezix Jules, Ricardo Seymour, Laura Jules, Sandy Seymour, Jeanette Jules, Monica Casimir, Meslissa Mathias, Freda Jules, Joan Arnouse, Ken Scopick, Bonnie Thompson, Vicky Casimir and anyone we may have forgotten.

Final note - could any of the security who haven't turned in their t-shirts do so. Turn them in to Delores, Freda or Jeanette Jules. We need the t-shirts for Pow-Wows in the future also, thanks.

* See page 16 for list of winners.

Would the following parents please see Doreen at the Band Office to pay for their child's "personalized" yearbooks

1. Mary Gottfriedson (Farrah)
2. Lila Peters (Patricia)
(Delyla)
(Christopher)
3. Sandra Seymour (Jade)
4. Lana Jones (Nikki)
5. Jenny Green (Danielle)
6. Evie Gottfriedson (Dessa)
7. Bertha Thomas (Sabrina)
8. Lisa Michel (Nina)
9. Phyllis Casimir (Garry)
10. Helen Haig-Brown (Helen)
11. Sharon Sellars (Reylene)

Personalized yearbooks are \$13.39/each
We also have on stock extra yearbooks for sale at \$11.59/each.

We are now planning another "Ske'Lep Yearbook" for the 1986/87 year. If you have any ideas or articles in relation to Ske'Lep School please drop them by the office or with Jeanette at the Nursery.

NOTICE OF MEETINGS

Nomination Meeting: November 10, 1986
7:00 p.m. - 9:00 p.m.
K.I.B. Conference Centre (formerly chapel)

Election Day : December 10, 1986
9:00 a.m. - 8:00 p.m.
K.I.B. Conference Centre (formerly chapel)

1986 Kamloopa Pow Wow Results

Girls 6 & Under

- 1 - Nicole Day Chief
- 2 - Sunshine Calfropo
- 3 - Sara Jacoba

Girls Fancy 7 - 12

- 1 - Lisa Day Chief
- 2 - Cheryl Sitting Eagle
- 3 - Anita Deneault

Girls Traditional 7 - 12

- 1 - Joanne Good Eagle
- 2 - Red Willow Jules
- 3 - Monica Bird

Boys Fancy 7 -12

- 1 - Sisiaskit Jules
- 2 - Chris Wells
- 3 - Hutch Sitting Eagle

Boys Traditional 7 - 12

- 1 - Terrance Sabbas
- 2 - Reuban Bill Sorrel Horse
- 3 - Mervin Good Eagle

Young Womens Fancy 13 - 17

- 1 - Wendy Terbasket
- 2 - Rachel Matineau
- 3 - Audrey Sitting Eagle

Young Womens Traditional 13 - 17

- 1 - Germaine BBird
- 2 - Arvis Simeon
- 3 - Mary Ann Ochiese

Young Mens Fancy 13 - 17

- 1 - Bruce Starlight Jr.
- 2 - Jason Phillips
- 3 - Weston Florence

Young Mens Traditonal 13 - 17

- 1 - Eli Jules
- 2 - Marvin Calf Robe
- 3 - Ellery Starlight

Golden Age Women

- 1 - Evelyne Locker
- 2 - Maggie Black Kettle
- 3 - Hilda Red Gun

Golden Age Men

- 1 - Wally Paul
- 2 - Mark Wolfleg Sr.
- 3 - George Goodstriker

Womens Fancy 18 & Over

- 1 - Doreena Martineau
- 2 - Shannon Martineau
- 3 - Lisa Wadsworth

Womens Traditional 18 & Over

- 1 - Carmen Jean Martineau
- 2 - Rose Abrahamson
- 3 - Debbi Abrahamson

Mens Fancy 18 & Over

- 1 - Luke Whiteman
- 2 - Steven Iukes, Jr.
- 3 - Ronald Many Heads
- 4 - Steven Calf Robe

Mens Traditional 18 & Over

- 1 - Darrell Abrahamson
- 2 - Kelly Good Eagle
- 3 - Percy Casper
- 4 - Arnie Pierre

Grass Dancers

- 1 - Wilson Buffalo
- 2 - Radford Blackrider
- 3 - Wilson LaMere Jr.

Drum Competitions

- 1 - Rowan (Alberta) Sarcee
- 2 - Blood Travellers (Alberta) Blood
- 3 - Spotted Lake (BC) Okanagan

THANKS GOES OUT TO ALL PARTICIPANTS IN
THIS YEARS KAMLOOPA POW-WOW DAYS!!!

A Day In The Life Of Tonyell

By: Tonyell

It was a couple of weeks before Christmas. A few of us were playing a game of crib in the bunk house after supper. The boss Irwin Kerr came in and joined us. We started chewing the rag for a while. Finally he told the cowboy boss Joe Lavere, in a weeks time he was to drive two hundred head of yearling heifers to Vinsulla. To the D.C. Wilson and Sons Ranch. They are going to feed them for the winter and to get everything ready, horses cork shod, and what route to take. Also to pick 2 cowboys to help him. Joe said, okay. We will be ready in a weeks time easy, I want Peter Bushy (That's what he used to call me) and Sterling Bathgate. They are good cow hands.

The following days we cut out the heifers, all strong ones and in good shape. It is going to be an all day drive. The shoes on our horses were recorked, and well fed, also the yearlings were fed alot of hay, and the water holes kept open as it was cool and about a foot and a half of snow.

The big day came, our horses were fed about 4:00 a.m. and checked over, same with our riggin, had an early breakfast. It was not daylight yet when we started the drive. George Laquette and Joe Seymour helped us till we got to Cold Creek. By then the herd were lined up pretty good and no problems.

George Laquette was the leader breaking trail. We had a police dog named Jack, knew how to heel them old doggies. The head cowboy told me to take George's place up front and

follow the road, which was kind of deeper with snow. So Joe and George went back to the home ranch. I guess that old dog didn't like the drive, so he also left us.

The wind started to blow and it snowed pretty heavy. I waved to Sterling to take my place for a while, okay as long as there was a road to follow. I was pretty froze. I figured I was pretty tough and stand the weather. My ears were pretty near froze. Not too warm with a cowboy king jacket and jeans. The only thing I had warm was the big black neckerchief wrapped twice around my throat. Given to me by my pal old Doc George. Lavaguer seen how cold I was and called me over and gave me a woolen shirt, mackinaw pants and over shoes. He told me that I was watched by him all the time, and he figured me correctly and brought the extra clothes for me. I some day will listen and learn from them old cow hands.

The road is good for now but in an hour, we will be going cross country. There will be drifts of snow, you can't tell where they are on account of the wind blowing. He was rolling a cigarette, old chum tobacco and zig zag papers. His tobacco pouch was called a horses ass. But it kept the tobacco moist, with that wind and cold, and light a match with is short stubby fingers. I shall always remember, cupped his hands to keep the wind out.

"I am going to take the lead for a while, if I give you a wave drive the cattle hard, cause there is a steep long gully we have to cross, I will also tell Ster".

A Day In The Life Of Tonyell (continued)

Joe and his black horse he calls "Cooney" galloped to take front of the herd. Pretty soon my pal Ster are on the drag. "I wonder where my summers wages have gone" he said, we heard a holler and Joe was waving to push the cattle hard, half of them went down, the rest were milling around in circles. Finally Joe came along to give us a hand. The cattle dog Jack would be a big help now, we finally got them moving down again.

We can't stop for lunch, even if we could, our sandwiches will be frozen, got warmed up a little, after leading my horse Blue Bells, a big blue about 1300 pounds, I was so stiff riding all of the way, not too used to this kind of hard work. That drum heater must be nice and warm. We are all getting tired so are the cattle, have to drive them harder, gonna be dark in a little while. "How long more Joe?" "Another hour or two." The snow is deeper, my jacket is wet with snow and starting to freeze. It seemed like hours and my pardner Sterling asked "How long more Joe?" "God Damit I said an hour or two." "Shall we rest them cattle cowboy?" we asked, he said they are so tired they will lay down, and we will have a hard time to get them going again. I guess we were all pretty pooped. Cows, cowboys and horses. I guess its a good thing we were all in good shape.

Starting to get dark, I'm scared to ask how far more. So I made a long stick which I used to scare them doggies, Lavaguer told me to throw away the stick, you want to freeze your fingers? Use your lass rope. "I ran out of cigarettes and my snuff, can I bum a smoke off you pal?" Sure

he says. He gave me a sack of Bull Durham. He laughed when the wind blowed away the tobacco. Sonny I shall roll you one. My fingers were like sticks. This weather sure suits that old bastard. Ster was leading his horse. In an hour we will be there. I don't believe him anymore.

About a dozen head got into a thick stand of willows, had to go in there and chase them out of there on foot. Took at least ten minutes, hard walking in that deep snow. As we are now in the high country. It is dark, and the time is late. Seen house lights ahead, got glad, now we can thaw out. But it is not to be, five more miles, an hour or more yet.

You know the yearlings started to go faster on their own. Don't have to push them anymore. Sterling started singing about an Irishmans Aunty.

Then someone hollers ahead. We have a load of hay on the sleigh. Them old doggies should follow good. There is also a load apread out on their feed ground. We will be there in about 10 minutes. We are wondering if we will ever get warmed up again. We got to the grounds. Them lazy heifers are now eating good green hay. The water hole is filled also with them dry moo's.

The Wilson boys offered to look after our horses. But Joe told them we could do that for now. Leave the saddle on till after we have a bite to eat. Oh my God I'm stiff, maybe froze. That stove is gonna be mighty good and warm.

Boy were we starved, after thawing out and got out of our frozen clothes and a hot bath. Life was worth living after all. Good people,

A Day In The Life Of Tonyell (continued)

good supper, good hot rum. Fixed the horses, brushed them down, brought in our saddle blankets. After a few good hot rums, we were shown our room. The three of us on the bed. Not long old Joe was telling stories of Lou Campbell and the ropers of Cherry Creek. I must of dozed off like a log.

Get up Peter Bushy, time to fix them horses. It seems like I just laid down. But already it was 5:30 a.m. I don't want to be a cowboy. I think I will shovel manure again, clean out the fat stock show pens. We got to the Wilson's last night about 8:30. Too many hours.

Got saddled up and ready to go back to the Harper Ranch. It is 7:00 a.m. and still snowing and cold. We also got lunches. Hope we stop to eat them. Went by the heifers they were laying down by the willows. They must be still tired. The head cowboy told us more stories as we were going home, said he was a cowboy all his life. Some of the songs he sang were in Indian. Sterling, he is a whitey from Chilliwack. First time on a ranch. He is an ok guy, his wife Shirley also is a fine lady.

Lavaguer made a fire on a cat faced tree, thawed out our sandwiches, had a good lunch, and hit the trail again. Blowing hard, cold and snowing, just like a Sunday ride. The horses knew they were going home, and were walking fast. Got back to the ranch safe and sound. It was a good experience for me. I know now why they get crabby when tired. Our horses were in good shape and well looked after. Good to be in our own bed. The bunk house was nice and warm.

Working at the Harper Ranch gave me a lot of experience to do all kinds of jobs. Learn something new all the time, other workers telling of different jobs they were on. Got to be feeding cattle with Doctor George. Alfred Boney and Joe Seymour were on another team feeding a different herd. Sterling is feeding cattle also down by the river. Called "Old Camp". Christmas is around the corner, so I know we will be feeding cattle.

Hi to Tex and Gabay wherever you are.



SKE'LEP
SCHOOL
GRADES 2, 3 & 4

What We Did This Summer

Sabrina

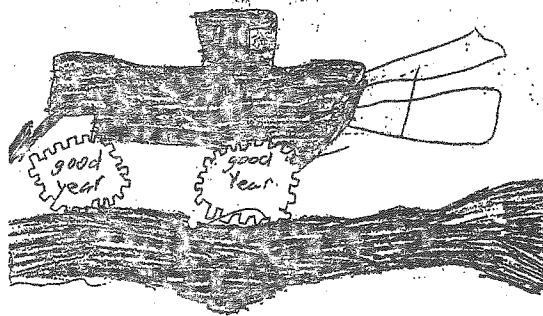
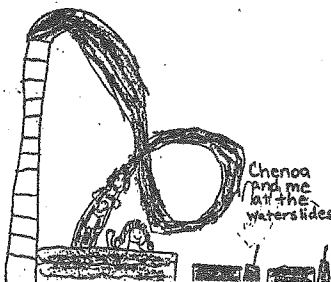


Travis

I went to Kelowna.

I went swimming in a lake.

I played games at the park.



Sabrina

I staed home.

Travis

Mudboggig

Monique

Nacoma

I went swimming

I went to pow-wows.

I went to my Grandmas house.

Delyla Peters

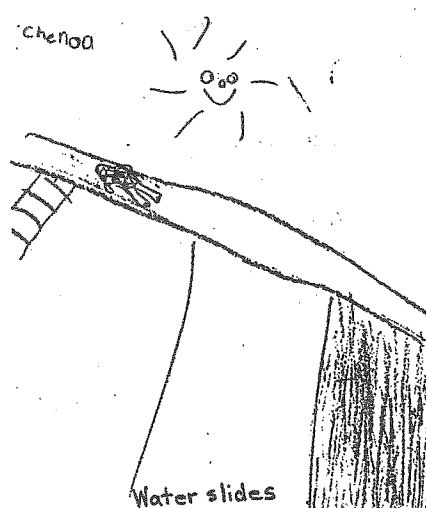
I went to the Pow Wows

Chenoo

I went to Vancouver

Name Chris Patere

I went to Vancouver
and went to Stanley park
and went swimming.



aya

I went to Hornby Islands to visit Grandma

She did lots of swimming over the summer.

She went to Sandforks to visit our friend.

Charlie

I went to Expo and to the P me

I went to Squilax.

I went hunting

Water slide

Flintstones



Doug

I went fishing

I went swimming



Swimming

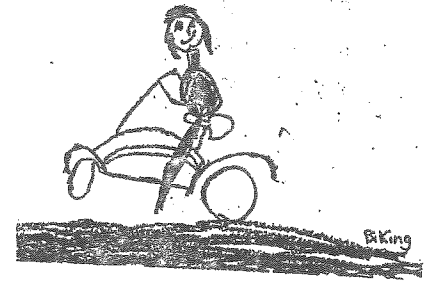
Red Willow
Jules

I went to Kelowna's
waterslide and Flintstones
also POW-WOWS

Lilla was I went
to Expo

Raymond T. Petross
Vancouver

Now I aspperd
I went to the p.m.e. and I had
fun.



Biking

Eagle

I went to Alberta
and I saw Porcupine.

Sam
I went to are
Grandma's house.

Sandi

Amy

I go to can
I went to Mc Donalds
I dug potatoes
I went swimming
go to pow-wows

I went to Expo 86.
I went to Chase.
I went to waterslides.
I went to Vernon.

Harmony
I went to the Lake

Lance
went at the waterslides.
swimming

By: Ken Scopick

Government and Cultural Center

During July and August an archaeology team surveyed the property where the new Band Center will be located. The survey identified archaeological sites throughout the property and provided the necessary data to develop a work plan for next summer. We will be using the work plan to apply for a grant from the Heritage Trust to fund the field and laboratory work. The project will employ 2 archaeologists and four band members for 4 months. This year's work was directed by Mike Rousseau, archaeologist, who was assisted by Dan Gottfriedson and Linda Jules.

Since the last general band meeting where discussion on the addition of rodeo facilities to the site was raised we have been studying the site plan. A meeting was held September 30 with representatives of the Rodeo Club, Gus Gottfriedson Sr. and Ted Gottfriedson Sr. to determine the rodeo ground requirements and discuss its potential. Several locations are being considered for the new arena and stands with a view of the long term and supported success of the sport at Kamloops.

We are still waiting for funding from DIA to carry out engineering studies on the property.

The project has been moved forward as far as possible within our budget and now must wait until the money committed to the site comes through to continue.

Mt. Lolo Property

With the announcement of the closure of CFS Kamloops and disposition of the property pending, the Kamloops is preparing its case for the land. A number of meetings have taken place and a task force has been assembled to work on the project. The presentation must be ready to go to Ottawa December 3 so the project is being given high priority by Band Council. The Band has a strong position in applying for the land base of Mt. Lolo. We are studying practical adaptive uses for the facilities to compliment the annexation of property.

Employment Policy

Council has had a first reading of the new staff employment policy. The document was presented to the staff for review and comment. The project headed by Jesse Seymour has been working to recognize the staff comments within the new policy before returning it to Council for review and acceptance. We have also identified some funding available for staff training in a number of areas and hope to continue the staff development to compliment the efficiencies of the new policy.

Village Maintenance Plan (VMP) Capital Asset Survey

We have had discussions with several officials from DIA regarding the Band assets and are presently

updating the inventory records. The asset survey provides a base for funding and so accuracy will not only help us establish our net worth but will also serve to secure increased support funding for maintenance.

Over the past year DIA has been working on a computer program to serve the maintenance needs of reserves across the country. The program called the VMP will increase the efficiency of operation and will also serve to project budget requirements.

The VMP will provide a basis for annual and daily maintenance schedules as well as a cost effective analysis for the projects and work we undertake.

Kamloops has been selected to tryout the new plan with plans to begin implementation as soon as possible. Hopefully by the time the 1987 budget is drawn up the VMP will be in place.

Ske'Lep School Renovations

During August Ske'Lep School was a beehive of activity with major renovations to the building. Priority was given to the following projects:

Fire Safety - New pull stations, alarms and exit lighting were installed, fire rated doors were introduced as well as panice hardware. Fire floor separation was also included in the construction.

Electrical - A new service and distribution panel was installed, new outlets were also provided throughout the building.

Heating - 8 new radiators were installed and the system was flushed of sludge.

Bathroom Facilities - The wash-rooms were completely built with new plumbing and fire doors and vanity sinks.

Janitorial - Store rooms were built throughout the building and a major storage facility was built in the 3rd floor area.

Storage - Store rooms were built throughout the building and a major storage facility was built in the 3rd floor area.

Staff Rooms - A new staff room was built downstairs and the upper floor was renovated for greater comfort.

The crew worked day and night to have the school ready for Sept. 2 and while a few details remain to be completed the opening day was on schedule. Along with several sub-contractors many incentive workers contributed to the success of the project. Long days of work were put in by Band employees and a thank you goes out to Jim Burns, Grant Seymour, Tim Jules, Ken Jensen, Joe Peters and Rose Lampreau for their help. The Ske'Lep and Little Fawn staff helped to ensure the project would be ready on time and have been very understanding and co-operative given the inconveniences they've had to work within. Behind the scenes the assistance of Jon Spotted Eagle and Don Seymour should not go unmentioned as they helped to ensure the project continued along smoothly.

During the short period of time a tremendous amount of work was accomplished. With co-operation and harmony, an example of the Band and its initiative.

To mark the renovations Dave

Seymour was commissioned to paint a mural for the school. The beautiful painting now hangs in the center corridor of the building.

NITEP and College Prep Renovations

Renovations and upgrading were also carried out in the NITEP and College Prep facilities. Painting, electrical work and fire safety were the main priorities. The work pointed the way for the need to deal with the work in the KISR building, and the need for a trained work force to carry out the renovations. It is a pleasure to mention that Byron Manuel, who worked as a carpenter's helper on the church last year has been accepted as an apprentice carpenter in Alberta. Ron Thomas who also worked on the church has continued as a carpenter in the vinyl siding program this summer and is applying to apprentice as a carpenter this fall. Both of these men have great potential and demonstrate the continuity of the education departments skill development and trades training program as well as the initiative it takes to succeed and improve oneself.

St. Joseph's Church

Tour Program - The summer tour program of the church has been a great success with 300 visitors from all over the world visiting the historic building. People came from countries such as England, Germany, Australia, South Africa, the U.S. and others and were received by our charming and competent guide Ed Jensen. We are enclosing a note received from an

appreciative visitor (one of Eddie's fans) and wish to thank Ed for the fine job he did this summer. We also would like to thank Colleen Jensen for assisting at the church this summer.

Jesus Statue Restored - Artist Bob Campbell, a retired Caribou College art teacher, has completed the restoration of the life size statue of Jesus on the crucifix for the Band. The statue will be unveiled at a special service in conjunction with the Elders Gathering this fall.

Dendrochronology - Dating the Logs in the Church - Scientist M.L. Parker has completed the sample taking part of the tree ring dating of St. Joseph's. Parker is an expert on dating of historic buildings with a method that identifies the year in which trees were cut down. The core samples have been taken to his lab in Vancouver for study and a report will be forthcoming. The work has been sponsored by a grant from the B.C. Heritage Trust.

July 31, 1986

Dear Ed:

Just a note to let you know how much we enjoyed the tour of St. Joseph's when we visited Kamloops in July. We were impressed with your knowledge of the history of the church.

St. Joseph's is certainly fortunate to have you as a guide to tell its story to visitors like us.

God bless you!

Sincerely
Isabel Matusch
HOUSTON, TEXAS

LITTLE FAWN NURSERY



October 7, 1986

Dear Parents/Guardians:

This is just a reminder for you about some of the rules and regulations that effect the Nursery. First of all, it would be greatly appreciated if your child is sick or not feeling well, that they be kept at home, as we have other children to consider and we are concerned for everyone's health. So, please remember if the little ones are sick they must be kept at home.

Anoter concern is that if your child is going to be left at the Nursery longer than the time she/he is supposed to be it would be appreciated if you let one of the teachers know as we do have the times posted and if they are going to be here longer we must be notified as we are a Nursery School and Not a Babysitting Service.

If you have any questions feel free to phone us at 374-4724. Otherwise, all is well and we felt that a reminder needed to be sent out as there are some illnesses at thie time and we are not permitted to accept sick children at school.

Thank you very much for your time and cooperation.

Sincerely,

Jeanette Jules
Jennie Green

To Whom It May Concern:

At the joint Shuswap Nation Tribal Council and Shuswap Cultural Education Society meeting on September 23, 1986 it was suggested that Secwepemc News get more stories from the members of the Shuswap Nation.

The Secwepemc News welcomes any articles on the happenings and events which go on in your community, past or present. We are interested in hearing about any of the following events: weddings, anniversaries, births, sports events, announcements and even short stories. Anything which might be of interest to the surrounding Shuswap Bands will be printed.

The Secwepemc News is published every two months. The next two deadlines for written submissions are October 17, 1986 for the September/October issue and December 5, 1986 for the November/December issue.

Yours truly,

Keith Matthew
Editor of Secwepemc News



Indian Arts and Crafts Christmas Trade Show and Sale

November 8-9th 1986.

*at the Christian Education Center
421 St. Paul Street,
Kamloops B.C.*



Items include:



*Beaded Leatherwork, Quilts,
Indian Sweaters, Moccasins,
Beaded Jewellery and more!*

▶▶ Tables are Free ◀◀

for information write:

B.C. Native Women's Society
116 Seymour Street
Kamloops, B.C.

Phone: 374-9412

HALLOWEEN

PARTY!



OCT. 31, 1986

PAUL CREEK HALL

CALL 372-9575 FOR MORE
INFORMATION ASK FOR
ANNETTE OR MARLENE

KAMLOOPS INDIAN BAND
315 YELLOWHEAD HWY.
KAMLOOPS, B.C.
V2H 1H1



Clarence + Deloras Jules
RR#5 Box b
Kamloops, B.C.

