

EXUEM

Merry  
Christmas

DEC. 1978

HAPPY BIRTHDAY

- December 2 - Cuy Duana Gottfriedson
- December 2 - Thomas Larue
- December 4 - Shawn Harris Lampreau
- December 4 - Joseph Alexander Sebastian Leonard
- December 4 - Dolan Frances James Patel Paul
- December 5 - Cheryl Josephine Andrew Jules
- December 6 - Claudine Catherine Paul
- December 7 - Gloria Carolina Manuel
- December 8 - Vance Jason Manuel
- December 9 - Darren Jason Jules
- December 10 - Susan Seymour
- December 14 - Curtis Henry Fraser
- December 15 - Lucienne Clara Jules
- December 16 - Jeffrey David Seymour
- December 19 - Celestine Catherine Camille
- December 19 - Sharron Elaine Leonard
- December 21 - Mary Rena Manuel
- December 22 - James Tracy Peters
- December 22 - Gerald Seymour
- December 23 - Marie Carol Clydellia Baptista
- December 23 - Phyllis Sadie Casimir
- December 23 - Priscella Edna Casimir
- December 23 - Philomena Catherine Paul
- December 24 - Celestine Paul
- December 24 - Rose Lila Peters
- December 27 - Mildred Matilda Jules
- December 27 - Carlo Thomas Antonio
- December 27 - Celestine Lena Seymour
- December 29 - Charles Louis Dumont
- December 29 - Gary Frederick Casimir
- December 29 - Mildred Elaine Manuel
- December 30 - Patricia Monica Elaine Casimir
- December 31 - Lois Florence Jules



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HAPPY ANNIVERSARY

January 20 - Joseph Alexander Sebastian Leonard  
 and  
 Vivian Katherine Leonard

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Dental Department  
South Central Health Unit  
519 Columbia Street  
Kamloops, B.C. V2C 2T8  
Phone 372-5212

Dear Parent:

In cooperation with your child's Kindergarten teacher and the Nutrition Division, the Dental Team would like to encourage you to provide your child with a healthful snack at school.

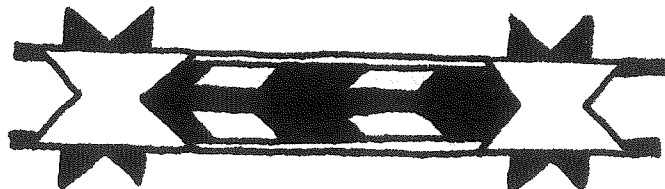
The role of sugar in tooth decay and obesity is well documented; recent research indicates that sugar may also be implicated in other disorders. Sugar contains no vitamins, no minerals and no protein, and provides empty calories, which may decrease your child's appetite for the things that are good for him.

Please help your child reach his full potential - send a healthful snack to school with him - one low in sugar and high in nutrients. For some interesting snack ideas, consult the attached list of recipes and suggestions from the Four Food Groups.

You will be invited to your child's upcoming "Brush In" at Kindergarten; look for an invitation to be sent home soon. We'll have an opportunity to talk with you then.

Yours truly,

The Dental Team.



# SNACKS

## MILK & MILK PRODUCTS

Milk - whole, 2 per cent, skim buttermilk  
 Egg-nogs - make with milk, eggs, flavouring (e.g. vanilla)  
 Blender milkshakes - make with milk, crushed ice, unsweetened fruit  
 Cream soups - good in a mug!  
 Plain yoghurt or cottage cheese - as is or mix with fresh or unsweetened fruit  
 - season for a dip  
 Cheese - all kinds; use soft varieties in stuffed celery

## MEAT & ALTERNATES

Hard boiled and devilled eggs  
 Hamburgers, hot dogs  
 Cold meats - slices, wedges, cubes  
 Nuts - peanuts, cashews, walnuts, almonds  
 Peanut Butter (without sugar)  
 Roasted soya beans  
 Seeds - sunflower, sesame, pumpkin  
 Fish - sardines, tuna or salmon spreads  
 Split pea or lentil soup  
 Dried beans and peas - try cooked & mashed  
 for sandwich spread or dip  
 - mix with salad dressing for a bean salad



## FRUITS & VEGETABLES

Fresh fruit - apples rings, melon wedges, grapefruit segments, berries, pineapple chunks, banana slices  
 - serve alone or combine in fruit salad  
 Fresh fruit is preferable; if canned or frozen, use unsweetened  
 Unsweetened fruit juice popsicles  
 Unsweetened fruit juices and vegetable juices  
 Raw vegetable pieces - turnip, green pepper, cucumber, cauliflower, zucchini, cherry tomatoes, broccoli, radishes, cabbage, celery  
 - serve plain or with yoghurt, cheese or bean dip  
 Vegetable soups

## BREADS & CEREALS

Whole grain or enriched bread  
 Rye, whole wheat and cracked wheat crackers  
 Unsweetened enriched cold cereal  
 Whole grain cereal  
 Pancakes - top with crushed unsweetened fruit or yoghurt mixed with unsweetened fruit or fruit juices  
 Cornbread - make without sugar or molasses  
 Tortillas - break into pieces and use as dippers  
 Homemade - granola replace dried fruit with seeds or nuts  
 - use frozen orange juice concentrate instead of honey

KAMLOOPS INDIAN BANDNOTICE OF ELECTION

DECEMBER 13, 1978

PAUL CREEK COMMUNITY HALL

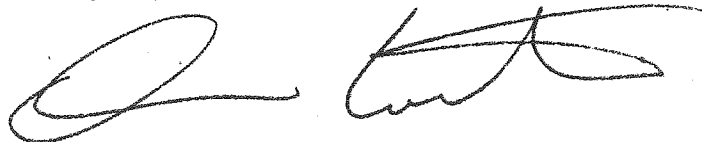
9:00 A.M. TO 8:00 P.M.

(STANDARD TIME)

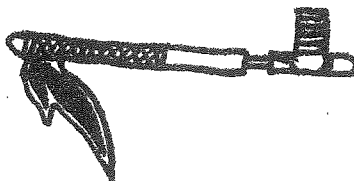
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I Dennis Patrick Coates, Solicitor and Electoral Officer to the Kamloops Indian Band, do declare that a Poll will be held and kept open from 9:00 o'clock (Standard Time) in the forenoon until 8:00 o'clock (Standard Time) in the afternoon on Wednesday, December 13th, 1978 at the Paul Creek Community Hall for the purpose of electing a Chief and three Councillors for the Kamloops Indian Band.

Signed,

Dennis P. Coates  
Electoral Officer

Dated - November 16, 1978



October 26, 1978

Editor, Newsletter  
Kamloops Indian Band  
315 Yellowhead Highway  
Kamloops, B.C.  
V2H 1H1

Dear Editor:

I ask that you, the Editor, publish this in the next newsletter of the Kamloops Indian Band.

I feel compelled to clarify statements in regards to press releases concerning the KXA issues. There are several band members concerned about press releases and issues made by the Chief. I along with others feel that band business should remain within the scope of the members of the Kamloops Indian Band.

I feel that members of the Kamloops Indian Band should be notified of issues concerning them at Band meetings and not through the news media.

I also feel that since we were former owners of the land where the KXA is situated. The band, up until 1975 collected taxes, from us until a referendum was passed that we get reimbursed. Also to recall, my family, readily donated the Paul Creek playground to the band.

Yet to date we have been denied the services. So, instead of the members of this band getting united and trying to help one another, we are split up by the issues that can be overcome by all.

Sincerely yours,

*Mildred Gottfriedson*

Mildred Gottfriedson CM

RECEIVED  
OCT 27 1978  
THE KAMLOOPS INDIAN BAND



## UNIVERSITY OF SASKATCHEWAN

## NATIVE LAW CENTRE

Director: Roger Carter, Q.C.  
Professor of Law

410 Cumberland Avenue North  
Saskatoon, Canada  
S7N 1M6

Secretary: Mrs. Margaret Brown  
Telephone: (306) 244-8720  
Telex: 034-2659

Our file # \_\_\_\_\_

Research Director: Anthony Jordan  
(Member of the Bars of  
Alta., N.W.T. and Sask.)  
Assistant Professor of Law

October 10, 1978

Dear Chief:


Re: 1979 Program of Legal Studies for Native People

I am not sure how familiar you may be with our above course. It is an intensive eight-week program, designed to prepare native students for regular law studies at any Canadian Law School. The program started in 1973 and has been repeated each year thereafter. It will be offered again next summer. It will open in Saskatoon on June 11th, and run through to August 4th next.

I enclose a number of copies of our brochure. It will be of great assistance if you could hand these over to members of your Band who may be interested in applying to the program. If you need any more copies of the brochure - or other information about the course - please don't hesitate to get in touch with me.

Thank you for your trouble.

Yours sincerely,

  
Roger Carter  
Director  
Native Law Centre

RCC/lt

Encl.

HOME SCHOOL CO-ORDINATOR NEWS

Parents and Students:

As of November 15, 1978 I have been appointed as the Band Home School Co-Ordinator in place of Russell. If you have any concerns as a parent or student please feel free to contace me at the Band Office - 372-9575.

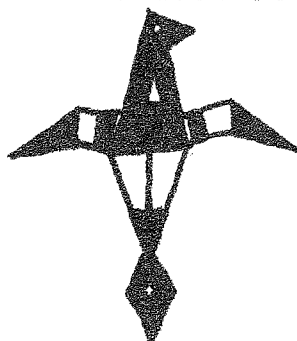
Also . . .

During the month of November I have attended all of the schools where the students from our reserve attend. And I am very proud of all the kids on the reserve for their fine efforts in school. I have gotten really good reports from all teachers where our students are concerned. Especially for Gerald Peters and Karen Lampreau for trying very hard in school. All of the High School students for their well deserved achievements on this terms report cards.

Keep up the good work.

Also . . .

Tutoring is now being arranged for all students interested. Further information will be available shortly.



Garry Gottfriedson  
HOME SCHOOL CO-ORDINATOR

It has been confirmed that tutoring starts on January 8th, 1979, From 7 - 9 o'clock, Tuesdays and Thursday, at Tillicum Library.



LITTLE FAWN NURSERY

On Thursday afternoon, December 14, 1978 the nursery children will be having a small christmas party. They will come at the usual time and parents are invited to join their children from 2 - 3 o'clock. Nursery school closes December 14 and re-opens January 2, 1979.

LITTLE FAWN KINDERGARTEN

Little Fawn Kindergarten will be having a short christmas program and a little party on Friday morning. December 15, 1978. From 9:30 - 11:00. Parents are invited and urged to share this morning with their child. School closes Friday, December 15 and re-opens Tuesday, January 2, 1979.



TO ALL THE BANDS  
ATTENTION: Education &  
Social Service Staff

October 23, 1978

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On September 22nd and 23rd, the Union of B.C. Indian Chiefs held a Secretariat meeting with the Department of Indian Affairs.

At this meeting, the Education Portfolio with support from the Social Service Portfolio presented a Brief on the Boarding Home Program presently under the Education Branch of the Dept. of Indian Affairs.

The issue here is the fact that some students require the service of the Boarding Home Program but are refused because the Education Branch of DIA changed some of their guidelines and expect the students to seek services from other departments.

The fact is in our discussion with people involved with boarding home situations, it is always difficult to acknowledge complaints. Every situation is different but always young people and young children are left in situations which we would never accept for ourselves or our children. On the other hand relatives who are already burdened with their own families and homes are compelled to take in "extra mouths to feed".

For your information, our concern in regarding those students who fall in the following situations:

1. Those elementary students whose mothers have deserted and father must work,
2. Those elementary students who mother has died and father unable to care for them,
3. Those elementary students with medical problems need supervision neglect in the home,
4. Those elementary students with behavioral problems in the home and community,
5. Those high school students who have one parent who neglect to supervise them,
6. Those high school students who are on reserve but are non-status,

Continued . . . .

7. Those young people apprehended by law and require educational assistance.

Follow-up to the presentation of the Brief on the Boarding home Program, a meeting was called with the Education and Social Service Department of Indian Affairs on October 6, 1978.

It was felt that if the Education Dept. of DIA wishes to change its criteria, than it should be replaced with services of equal value to the Boarding Home Program. It was also decided that to refer some cases to Social Services within the department because "it is a social problem" has really not been accepted by the Social Welfare offices - here again because of their own regulations.

It was decided at this meeting that more team work is required at the District DIA Offices to ensure that children are given the care they need during the school year. It was also pointed out that Department heads need to be more supportive to filed these problems rather than neglect the situations. Whenever a problem comes up regarding a family breakdown where it affects the child, a team of these people should get together to solve the problems.

Finally, the Social Servies Dept. offered that a workshop could be held on planning better approach to the social problems that exist at the local levels.

On October 12, 1978 another meeting was called with the Education and Social Services Depts. of Indian Affairs and Medical Services. The question here is at what point does Medical Services get involved in Boarding Home situations for children who have medical problems? Although Medical Services get involved only in long term cases, or when a child can't go home because it is inadequate while he is convalesing, it was felt that Medical Services should be aware of the various medical cases which are under the Education Program.

It was felt that in those cases where a student is an epileptic, or has speech problems or any medical problems, that the Home School Co-Ordinator should talk with the local health workers.

There should be contact made between education representatives and health representatives to establish team work. Actual case studies should be done before a child leave his home area.

Added to this, districts should hold reviews of these cases at least every 3 months to assure that these students are getting speech therapy etc. during the school year. It will be suggested to education staff at local levels to notify Medical Services as soon as a child is placed on Boarding Home Program for medical reasons. Furthermore, Medical Services intend to bring health representatives together for orientation from time to time.

Mildred Poplar  
Education Co-Ordinator

NOVEMBER 1978

Box 10061  
Pacific Centre  
700 W. Georgia Street  
Vancouver, B.C. V7Y 1C1

November 3, 1978

TO ALL CENTRAL INTERIOR BANDS

Attention: Chief and Councillors  
: Welfare Workers

Re: Children in the Home of Relatives (C.I.H.R.)

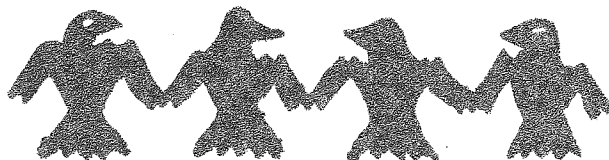
It is evident that the care of children in the home of relatives payments requires clarification. Please note that the Social Assistance Manual (Section 4.21) requires that financial assistance may only be provided under the following conditions: -

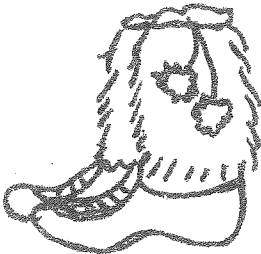
- (1) It must be demonstrated that the parent(s) are unable to care for the child(ren) themselves.
- (2) The arrangement for placement with a relative must be in the best interests of the child.
- (3) The financial ability of the relatives and the parent to support the child(ren) must be fully assessed. It is the responsibility of the parent(s), not the Band Administering Authority, to support the child(ren). If the parent(s) have the ability to contribute maintenance but refuse to do so, legal action may be taken.
- (4) The placement is intended as a temporary arrangement, the child(ren) is to be returned to the parent(s) as soon as possible. All cases must be reviewed within six months; an extension up to one year and/or cases of child neglect or abandonment must be referred to the local ministry of Human Resources.

I trust this will clarify your responsibility with respect to payments for children with relatives on your reserve.

Yours truly,

M.R. McHale (Mrs)  
Administrative Services Officer  
Central Interior Bands





PAUL CREEK  
WOMEN'S CLUB  
BAAZAR & TEA

DEC. 9/78, 1 - 4 PM  
AT: B.C. NATIVE WOMEN'S  
OFFICE, 325 YELLOWHEAD  
HIGHWAY, KAMLOOPS, B.C.

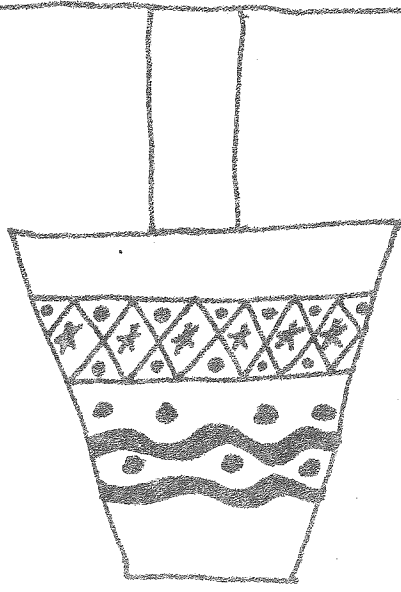
THINGS TO SEE!

INDIAN MOCCASINS, INDIAN JEWELRY  
HOME - MADE ARICLES - BAKE SALE  
EVERYONE WELCOME  
PROCEEDS GO TO \* \* \* \* \* CHILDREN'S PARTY

FOR MORE INFORMATION  
PHONE: 372-7035

OR

PHONE: 573-3657



B.C. NATIVE PEOPLE'S  
CREDIT UNION

PRESS RELEASE

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The B.C. Native People's Credit Union is an entirely native-owned, native-controlled, and native-managed financial co-operative. Founded in 1972, it is the oldest such native financial venture in Canada.

However, we are now at a critical stage in our development where increased membership and increased deposits are necessary if we are to begin meeting our long-term goals.

We are presently maintaining a minimal level of service to our membership while trying to struggle with increasing demands for loans and services that can only be met by a greatly increased membership, and deposit base, leading to increased staffing and services

We are therefore embarking on a membership drive and have set a goal for ourselves to raise a minimum of one-quarter of a million dollars by the end of this year as a first step to begin meeting the financial requirements of our members and our long-term goals.

Some of the urgency to increase our membership and deposits through this public appeal is due in part to the pressures and threats of being closed down and put out of business by the provincial agency that regulates credit unions in British Columbia.

It is our intention to remain open and continue operations whether or not we meet our immediate goals.

Native People can not afford to have this credit union closed. Following on the heels of some of the problems that other native co-operatives have experienced in other parts of the provinces, the closure of this credit union would have disastrous implications for all native people in British Columbia, whether they are members or not.

We are therefore calling on all native individuals and native organizations to support our efforts by becoming members of this unique financial institution. We would especially like to see the many individuals and organizations that have expressed their best wishes to us in the past translate their good intentions and supportive resolutions into deposits in this credit union.

In striving to reach just a basic level of development - essentially a savings and loan operation - we have had to overcome a number of obstacles, including:

- \* a history of being forced to move in the last 50 years from a simple barter economy to life in a complex and rapidly changing financial world.

Continued . . .

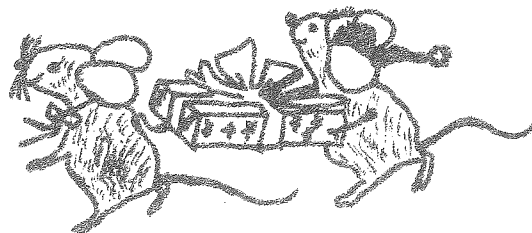
- \* the fact that most native people have a limited personal income and often little understanding of basic financial concepts such as family budgeting, interest calculations, etc.
- \* the funding that is available to the credit union from native organizations presently can't be used due to our small size and lack of chequing services.
- \* there are too many strings attached by the Department of Indian Affairs on the funds they hold in trust for the Indian bands in this province.
- \* the fact that we are competing in the financial marketplace against the overwhelming economic power wielded by the chartered banks in this country.
- \* the commonly-held attitude of the other agencies and institutions we have to deal with that ranges from at worst, a refusal to trust us with our own money, to at best, an ignorance of our real strengths and weaknesses.

Despite the foregoing, we are optimistic of the future and confident that we can achieve our short- and long-term goals for a number of reasons:

- \* we have been in business for the past six years and have experienced a steady, although sometimes painfully slow, rate of growth.
- \* our interest rates for deposits and loans is as good, if not better, than other financial institutions in the province, and the deposits of our members, as with all credit unions, are insured against loss by the provincial government.
- \* the progress we have made in the past few months indicates that we will make a (small) profit on this years operations.

The more than 700 members of this credit union can take pride in being part-owners of the unique financial co-operative that through its lendin g program has:

- \* improved the housing situation for some of our members through the purchase of new homes, additions, and for renovations
- \* provided jobs to native people through the establishment of new business or the expansion of existing businesses.
- \* provided facilities for the pre-school education of Indian children.



We would point out that with the exception of new home purchases, none of these things would have been done if this credit union did not exist.

In addition to the short-term goals included in our membership drive, our long-term goals include:

- \* chequing services
- \* a full range of other financial services
- \* branch offices in major native and non-native communities
- \* increased staffing and career potentials for native people in the financial world
- \* member education to help cope with the financial world
- \* vastly increased economic potentials for our people including economic freedom and economic power

Economic freedom will come from no longer having to deal on the fringes of Canadian business and the welfare system with the "company store" high interest finance companies, etc, that profit from our situation.

Economic power will come from the development of a financial institution that can hold its own in the marketplace of Canadian business and increase the possibilities for the advancement of native people through all sectors of society.

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For more information, contact:

Cliff Atleo, President	home: 438-5849	office: 685-2255
Brian Maracle, Vice-President	home: 684-5700	office: 732-3726
Alvin Dixon	home: 531-3194	office: 255-6276
Campbell McDonald	home: 479-6166	office: 388-4312
Gloria Joe	home: 987-1162	office: 985-7711
Laura Talbot	home: 752-9675	
Adam Eneas	office: 732-4486	

Kathy Stevens Smith, Manager B.C. Native People's Credit Union  
 #416 - 193 East Hastings Street  
 Vancouver, B.C.  
 Telephone: 669-7245



INDIAN ARTS & CRAFTS SOCIETY

(604) 545-9330

3309 - 32nd Avenue  
Vernon, B.C.  
V1T 2M7

## 2. PRODUCER CONTRIBUTIONS

Our Society has identified a need for small contributions to artists and craftsmen in British Columbia to increase the earning capability of individuals. Since the major thrust of our comprehensive programme is to increase the economic level of producers in the arts and crafts industry we implemented a programme of producers contributions not exceeding an amount of \$1,500 to any one individual. To the end of the fiscal year we have approved contributions to 74 individuals for the purpose of tools, equipment, materials and supplies.

Contributions have been made to producers making all different types of crafts and the total amount approved was \$44,846.39.



UNION OF B.C. INDIAN  
CHIEFS

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3rd Floor - 440 West Hastings  
Vancouver, B.C.  
Telephone: (604) 684-0231

October 5, 1978

Lex'Yem  
Kamloops Indian Band Newsletter  
Kamloops Indian Band  
315 Yellowhead Highway  
Kamloops, B.C.  
V2H 1H1

Dear Sir:

Enclosed is a sheet providing information on some of the services provided by the B.C. Indian Resource Centre.

You are welcome to include this information in your publication. The more this service become known to the Indian people of B.C., the more we can be of assistance to them.

If you or your staff can use our assistance at any time, please do not hesitate to contact us.

Yours truly,

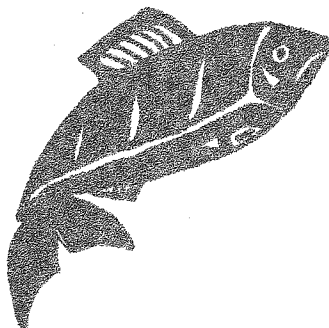
Keltie McCall

Gene Joseph

Reg Percival  
Resource Centre Staff  
Union of B.C. Indian Chiefs  
Encl.

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SEE PAGE 18 FOR THE LIST OF MATERIALS AVAILABLE.



# B.C. Indian Resource Centre

NEED INFORMATION?.....Your band's history?  
 Land claims?  
 Fishing rights?  
 Indian education?  
 Aboriginal rights?  
 Pollution?  
 Women's status?  
 Criminal justice?  
 Etc. etc.

WE HAVE.....Photos  
 Books  
 Briefs  
 Newsclippings  
 Statistics  
 Native newspapers  
 Government documents  
 Maps  
 Reports  
 Theses  
 Bibliographies  
 School kits  
 Law books  
 Documents of Native  
 Organizations

AND MORE...

FOR EXAMPLE:

Public Archives records of D.I.A. letters and memos etc., on microfilm. Formerly these records were only available in Ottawa. Now you can find old letters, memos, accounts etc. on your band going back to the 1870's.

OR Transcripts from the McKenna-McBride Commission (1912-1916) which reports agency by agency the historic interviews the commissioners held with the Indian people at that time.

OR District files giving background information on the bands of B.C. Includes bibliographies, reserve boundary histories, extracts from annual reports etc.

OR DIA Annual Reports, a good source of historical information, especially for the years 1872-1916.

WE HAVE MUCH MORE INFORMATION, AND WHAT WE DON'T HAVE WE USUALLY CAN LEAD YOU TO.

Please write, phone or visit us and we will try to fill your information needs

Resource Centre  
 Union of B.C. Indian Chiefs  
 440 West Hastings Street  
 Vancouver, B.C. V6B 1L1

Phone: (604) 684-0231

## WE ARE A TALENTED PEOPLE, BUT.....

Once I went around the reserve visiting families. I came across an elderly woman doing some handicraft. I really admired the way she did her job. I also met a man doing some little carving. Again I admired his talent for I can not do what he did. I simply did not have the talent he had. I heard Indians have natural talents for that. But Indians or not Indians, we all have some kind of talents in us. God gives everybody some especially good talents which vary according to person. To some, more talents are given, and to others less. And yet all of us is entrusted by God with some talents. God gave this talent to us with a purpose. It matters not what or how much talent one has. What matters is how one uses his God-given talent. This reminds me of this parable in the Gospel.

Jesus spoke to his disciples this parable: A man on his way abroad summoned his servants and entrusted his property to them. To one he gave five talents, to another, two, to a third one; each in proportion to his ability. Then he set out.

Now a long time after, the master of those servants came back and went through his accounts with them. The man who had received the five talents came forward bringing five more. "Sir", he said, "You entrusted me with five talents; here are five more that I have made." His master said to him. "Well done, good and faithful servant; you have shown you can be faithful in small things, I will trust you with greater; come and join in your master's happiness."

Next the man with the two talents came forward. "Sir", he said, "you entrusted me with two talents; here are two more that I have made." His master said to him. "Well done, good and faithful servant; you have shown you can be faithful in small things, I will trust you with greater; come and join in your master's happiness."

Last came forward the man who had the one talent. "Sir", said he, "I had heard you were a hard man, reaping where you have not sown and gathering where you have not scattered; so I was afraid, and I went off and hid your talent in the ground, Here it is; it was yours, you have it back."

But the master answered him, "You wicked and lazy servant."

This parable in the gospel is really a food for thoughts for all of us. How easily we fall into the temptation of burying our talent in the ground instead of using it so it will be useful for us and for our neighbor. God has also entrusted to us our time. How easily we also fall into the mis-use of our time. God gave this talent and time to us in this world for a good purpose; that we use them well. Time will come for all of us to render an account of how we use our time and talent before our Divine Master. When that time comes, will we be the Good and Faithful Servant or the Wicked and Lazy Servants? These are thoughts to ponder for all of us.



OSHIRO'S SHANTY  
Antiques New & Used Furniture  
376 - 1511

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We've moved to 387 Tranquille Road (Former premises of Caver's Treasure Chest)

Parking is available at the Village Hotel Parking Lot.

Our policy of 10% discounts to anyone living on the reserve will still apply at our new location.

Payments on accounts will be accepted at 387 Tranquille Road.

We're always ahppy to see our old (and new) friends, so do drop in, say hello and browse around.

Looking forward to seeing you at the new "Oshiro's Shanty"

Ed & Leona

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#### BOYS BASKETBALL

#### JUNIOR TEAM

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I am starting a Basketball Team for young guys from 12 - 20, if you want more information contact Clayton at this number, 372-9575



## BEWARE CHARMS OF MISS

HEROIN

So now little man, you've grown tired of grass,  
L.S.D., goofballs, cocaine and has.  
And someone pretending to be a true friend,  
Said, "I'll introduce you to Miss Heroin."  
Well, honey, before you start fooling with me,  
Just let me inform you of how it will be.  
For I will seduce you and make you my slave  
I've sent men much stronger than you to their graves.

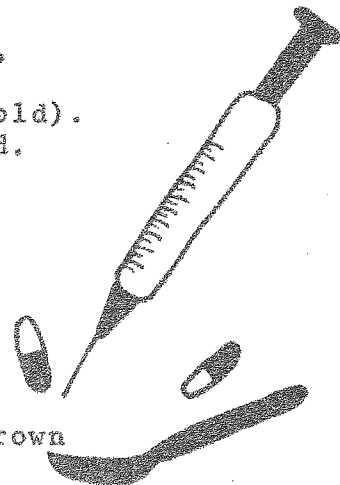
You think you can never become a disgrace?  
And end up addicted to poppy seed waste.  
So you'll start inhaling me one afternoon.  
You'll take me into your arms very soon.  
And once I've entered deep down in your veins,  
The craving will nearly drive you insane.  
You'll need lots of money (as you have been told).  
For darling, I'm much more expensive than gold.

You'll swindle your mother,  
And just for a buck,  
You'll turn into something vile and corrupt,  
You'll mug and you'll steal  
For my narcotic charm.

And feel contentment when I'm in your arms,  
The day that you realize the monster you've grown  
You'll solemnly promise to leave me alone.  
If you think that you got the mystical knack  
Then sweetie just try getting me off your back.

The vomit, the cramps, your gut tied in a knot.  
The jangling nerves creaking for one more shot.  
The hot chills, the cold sweat, the withdrawal pains  
Can only be saved by little white grains.  
There's no other way, and there's no need to look  
For deep down inside you will know you are hooked.

You'll desperately run to the pusher  
And then!  
You'll welcome me back to your  
Arms once again.  
And when you return  
(just as I foretold)  
I know that you will give me your body and soul  
You'll give me your morals, your conscience, your heart  
And you'll be mine,  
until,  
death do us part!



" STATUS of WOMEN SURVEY"

---

To whom it may concern:

It is evident the rapid growth of relations climate, is also the growing public concern over Status of Women. While we have had to wrestle with some difficult women rights, we have at the same time moved quietly forward to enter an era of problem resolution, we have shown our willingness to open up communications channels to alleviate much of our problems. For the next five months we will again attempt an awareness in our society. With the help of all concerned, I feel safe to say that although we face a challenge that is within our power to meet,,if we pull together we can't be beat! To help you understand the task that is ahead of us we are revising our questionair. Firstly,by simplifying the conceptual aspectof this project. Secondly, by ommiting irrelevance of same. Thirdly, our objective at present, to do personal interviews regarding the " Status of Women Survey" in the Kamloops area including Merritt, Ashcroft, and the North Thompson to ascertain the following: Indian peoples' awareness of the Indian Act. How Indian people feel Indian Status should be determined. How many Indian women have lost status because of marriage to an non registered male, plus other questions pertinent to prospective changes in the Indian Act. As your co-ordinator I ask you to join with me in making our mutual concerns work.

Yours in peace and friendship,



Ms. Verna Bellerose,  
Co-ordinator for  
Status of Women

BINGO

SHUSWAP SISTERS

DECEMBER 10, 1978

PLACE: KAMLOOPS INDIAN STUDENT RESIDENCE GYM

TIME : EARLY BIRD STARTS AT 7:00 P.M.

ADMISSION: \$1.25, Extra Cards .50c

- TWO EARLY BIRDS            - 5 cards - \$1.00
- 14 REGULAR GAMES         - \$20.00
- 1 TEN CENT SPECIAL       -
- 1 JACKPOT                   - \$100.00
- 1 BONANZA                  - 50/50 Split
- 1 DOOR PRIZE

DANCE & LOTTERY DRAW

DATE: DECEMBER 16, 1978

PLACE: KAMLOOPS INDIAN STUDENT RESIDENCE GYM

TIME: 5:00 P.M. (Lottery Draw)

TIME: 9:00 P.M. (Dance - \$3.00) (Supper - \$3.00) (BOTH \$5.00)

SPONSORED BY: Kamloops Indian Band Housing Committee

EVERYONE WELCOME

\*\*\*\*\*

\*\*\*\*\*







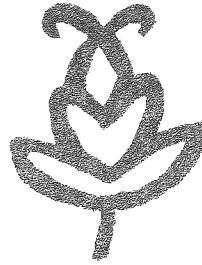
SHAMPOO

CUT

---

 HAIRCUT, ETC.
 

---



Gloria (Gordie) Manuel is apprenticing at Delano's Salon & Beauty  
 Phone: 372-2633 to make an appointment with Gordie.  
 20% discount to her customers.

---

QUOTE FROM ANNA MAE AQUASH

These white people think this country belongs to them, they don't realize they are only in charge right now because there's more of them than there are of us. This whole country changed with only a handful of raggedy - ass pilgrims that came over in the 1500's. And it can take a handful of raggedy - ass Indians to do the same, and I intend to be one of those raggedy - ass Indians."

---

BAND ADMINISTRATOR  
DEADMAN'S CREEK BAND

Experienced Bookkeeper  
 Leadership  
 Social Welfare  
 Willing to Train  
 Preferably Grade 12

Contact Marie Eustache at Canada Manpower For More Information  
 Wage is Negotiable



Yes, I know you asked us to hire more Indian people and we did. But, you should have been more specific about the word — Indian.

F. CLARK

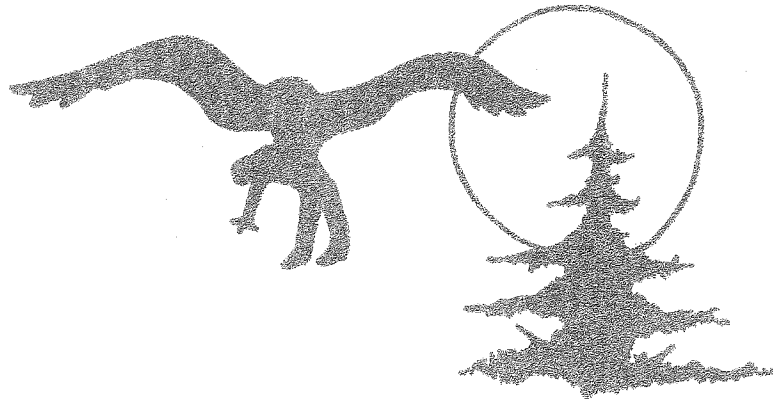
WILLARD ALLEN

## OWL

TOLD BY CHARLEY DRANEY

A very long time ago, a woman who lived in a village gave birth to a baby boy who cried all the time. "If you don't stop crying, I'll leave you outside in the cold and owl will take you away," threatened the child's mother. It was cold outside, for this was in the middle of winter. The baby boy continued to cry.

Finally the woman took the child outside and left it there, the child continued to cry. After a while, the Child's Grandparents, who were living with the young woman, heard owl swoop down and land. Then the child stopped crying. Suddenly, the people realized what was happening, and they dashed outside, just as owl was carrying the child away. "Hoo-Hoo-Hoot!" Cried Owl. "Owl has gone in that direction," the people agreed. They listened until they couldn't hear owl any longer.



The people looked everywhere, but they couldn't find the baby boy. In the morning, they resumed their search. The brother's of the baby decided to look for him. So they packed what they would need for their trip and started off in the direction that owl had taken.

The brothers walked and walked, until they came to owl's first camp. They camped the night and started their search again in the morning. Every day the boys travelled in the direction that owl was flying. When they found one camp, they stayed there for a night and then continued on their journey in the morning. The boys followed owl from one camp to the next. They searched in the valleys and up the mountains.

Finally, after a long journey, the boys came to the first camp where Owl had stayed for a length of time. The little boy was growing older by this time and had killed a mouse; owl had showed him how to skin it and stretch the hide. He had then killed a chipmunk. Owl, who was the little boy's grandmother, made a bow and arrow for him and showed him how to use it.

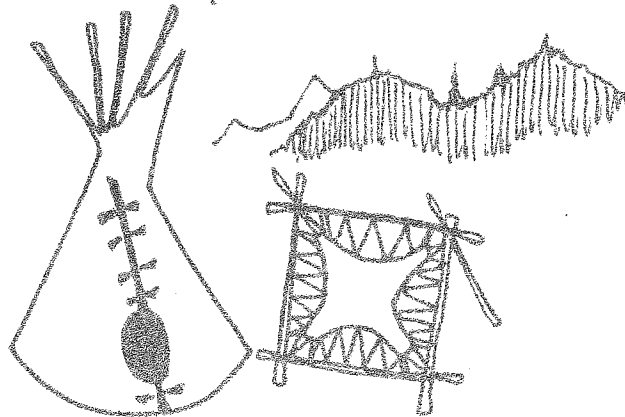
Eventually, owl moved her camp to another place. The little boy, by this time, was able to kill larger game, such as rabbits and fawns. Then he grew older and was able to kill larger deer. Whenever they left their camp, the skins of rabbits and deer were left stretched out in the sun to dry.

OWL, . . . Continued

The young boy's two brothers reached the camp and found the stretched skins drying in the sun. They searched and searched around owl's first camp, but they couldn't find which way owl had gone. After they circled around the camp, they finally came upon a sign indicating which way owl and the boy had gone.

Then the boys reached owl's second camp. They searched around until they found the skins that their little brother had stretched and then looked for a sign which would show them which way owl had gone. The boys followed owl for a very long time.

One day, while the boys were travelling around, they met their little brother, who was out hunting. They were very happy to meet each other, for it had been a long time since the boy was taken from his home. "Owl is a very smart old lady," said the youngest boy, "She knows everything that happens! I will go away to her now, but in the morning, when I go hunting, I'll go far away and kill a deer which I will leave for her to pack home."



The youngest boy went home to owl and went to bed. Early in the morning. He walked over the mountain ridge and killed a deer. Then he skinned and quartered it and left it with a tumpline for his Grandmother, Owl, to use while packing the meat home. The boy spoke to the tumpline, "As owl lifts the pack, I want you to break. Break several times when she tried to lift the meat." Then, leaving the meat and the tumpline, the boy went home.

It was very late in the day when the boy got home. Noticing that he wasn't hungry, the old woman felt sorry for him and said, "Oh, you poor boy, you must be tired, for you have walked a long way." "Yes, grandmother I am very tired. Would you pack the deer home for me?" He replied.

In the morning the old lady prepared everything that she would need in order to pack home the meat. She looked and looked for her tumpline, but she couldn't find it. "Oh, you don't need it, grandmother. I made a tumpline for you and left it on the tree beside the deer," the young man told her. "I'll take my won, if I can find it," replied the old lady. "You don't need it" insisted the boy. Owl agreed and left for the mountains.

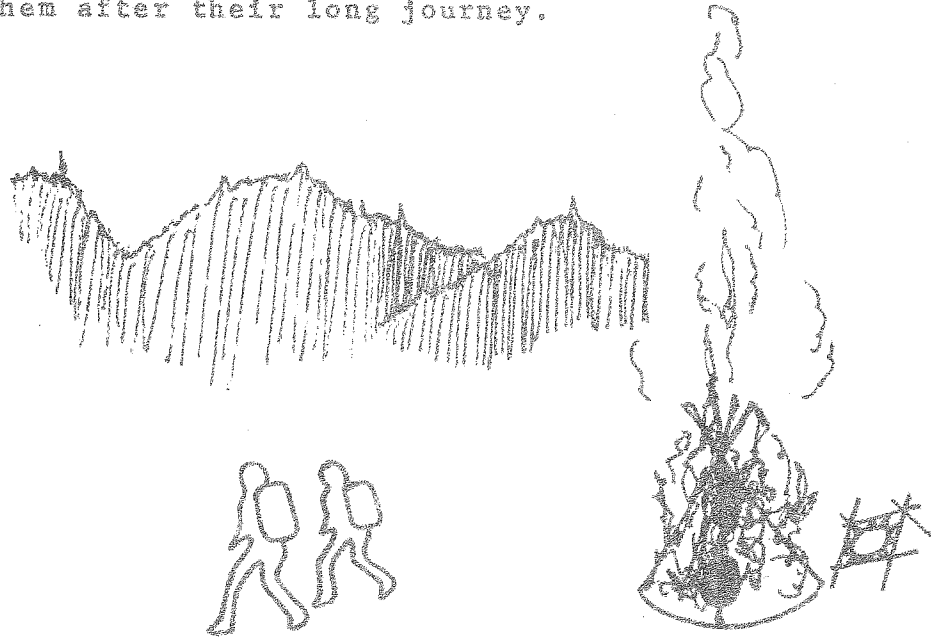
OWL, . . . . Continued

The boy waited until he was sure that owl was far away before he called his brothers. They packed up the best dried deer meat and bundled up some hides. They pressed the packs down so that they could take as much as possible. Taking some bones, the boy placed them on his bed and spoke to them, "When owl comes home and find these bones, she will think that it is me. She will think that I was burned to death."

When they were completely ready, they set the house on fire, and then they all ran away. Old Lady Owl was far away from her house when she saw the smoke. She flew back home and looked among the ruins where her grandson used to sleep. All that she could find were some burnt bones; owl felt very sorry!

The boy passed judgement on owl, "Never again will you bother children. If someone dies, you, owl, will tell them about it. You will deliver messages to the people, but never again will you steal children."

The brothers travelled for a long, long time before they reached the home of their parents. The old couple were happy to see their sons, and comforted them after their long journey.



THE END

PUZZLES (MIND GAMES)

1. "How much will one cost?" asked the customer in a hardware store.

"Twenty cents," replied the clerk.

"And how much will twelve cost?"

"Forty cents"

"Okay, I'll take three hundred and fifteen".

"Fine, that will be sixty cents"

Question: What was the customer buying?

2. How many grooves does the average 12-inch  $33\frac{1}{2}$  rpm long - playing phonograph record have?
3. An electric train heads north at 8- miles per hour. The wind from the east at 120 miles per hour. In what direction will the smoke from the engine point?
4. You have two coins in your pocket, totaling 35 cents. One of them is not a quarter. What are the coins?
5. Divide 50 by  $1/2$  and add 3. What is the result?
6. Mimi Manuel bought seven apples and ate all but three. How many were left?
7. True or False. "There is three errors in this sentence.
8. A tired astronomer went to bed at ten o'clock one night after setting his alarm clock for noon the following day. When the alarm clock woke him, how many hours had he slept?
9. What is the product of the following series?  
(X-a) (X-b) (X-1) . . . (X-2)
10. Moving glasses: Six glasses are placed in a row. The first three are filled with water.

By moving one glass only, can you arrange them so that full glasses alternate with empty one?

11. The missionary's choice. A missionary is captured by Indians who tell him, "You may make one statement. If what you say is true you will be deep fried in boiling oil. If it is false, you will be shot with poison arrows." The clever Missionary thought about his dilemma for a moment, then the one statement that saved his life. What was it?

Congratulations To,

Marilyn (Mimi) Manuel who is now working in Deina's place as the welfare-aide to Martha. She will be working from December 1, 1978 - March 31, 1978,

and,

A Farewell to Deina until March 31, 1978, she is now at home waiting to have her baby. Good Luck Deina! Take Care!

\*\*\*\*\*

FOR SALE

Firewood: By the truck-load - \$30.00

Contact: PeeWee Gottfriedson  
579 - 7026

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MIDNIGHT MASS

PLACE: KAMLOOPS INDIAN SCHOOL CHAPEL

TIME : 12 O'Clock (DECEMBER 24, 1978)

Refreshments available after Mass

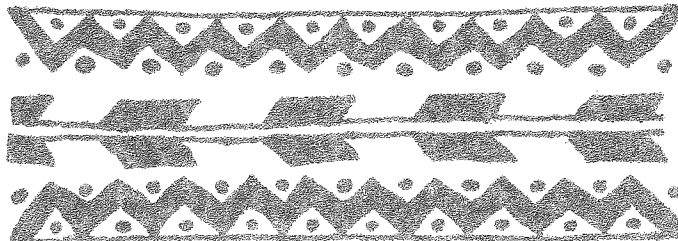
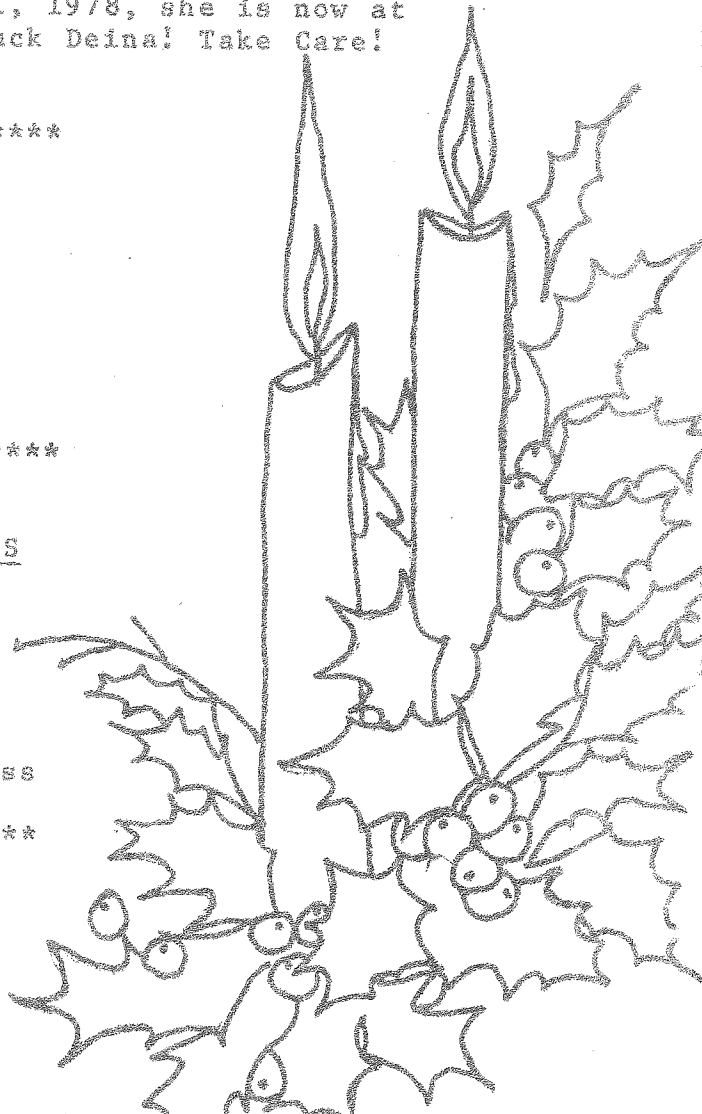
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MASS

PLACE: St. Joseph's Church

TIME: 11 O'Clock (EVERY SUNDAY)

Will have choir practice for the Midnight Mass During Mass On This Date.



THE FIRST NOWEL

The first nowel the angel did say  
Was to certain poor shepherds in fields as they lay;  
In fields where they lay a-keeping their sheep  
On a cold winter's night that was so deep.

Refrain:

Nowel, Nowel, Nowel, Nowel,  
Born is the King of Israel.

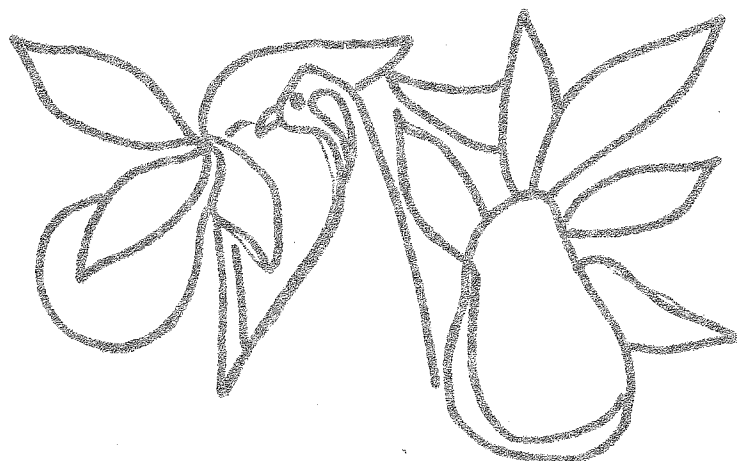
They looked up and saw a star,  
Shining in the east, beyond them far  
And to the earth it gave great light,  
And so it continued both day and night.

And by the light of that same star  
Three wise men came from country far;  
To seek for a King was their intent,  
And to follow the star wherever it went.

This star drew nigh to the northwest,  
O'er Bethlehem it took its rest,  
And there it did both stop and stay,  
Right over the place where Jesus lay.

Then entered in those wise men three,  
Full reverently upon their knee  
And offered there in His presence  
Their gold and myrrh and frankincense.

Then let us all with one accord  
Sing praises to our heavenly Lord,  
That hath made heaven and earth of 'nought,  
And with His blood mankind hath bought.





SILENT NIGHT

Silent Night, Holy Night,  
 All is calm, all is bright,  
 Round yon virgin mother and Child,  
 Holy Infant so tender and mild,  
 Sleep in heavenly peace,  
 Sleep in heavenly peace.

Silent Night, Holy Night,  
 Shepherds quake at the sight;  
 Glories stream from heaven afar,  
 Heavenly hosts sing Hallelujah.  
 Christ, the Saviour is born!  
 Christ, the Saviour is born!

Silent Night, Holy Night!  
 Son of God, love's pur light  
 Radiant beams from Thy holy face,  
 With the dawn of redeeming grace,  
 Jesus, Lord, at Thy birth,  
 Jesus, Lord, at Thy birth.

JOY TO THE WORLD

Joy to the world! The Lord is come;  
 Let earth receive her King;  
 Let every heart prepare Him room,  
 And heaven and nature sing.

Joy to the earth! The Saviour reigns;  
 Let men their songs emply;  
 While fields and floods, rock, hill, and plains,  
 Repeat the sounding joy.

No more let sins and sorrows grow  
 Nor thorns infest the ground.  
 He comes, to make His blessings flow  
 Far as the curse if found.

He rules the earth with truth and grace,  
 And makes the nations prove  
 The glories of His righteousness,  
 And wonders of His love.



FROSTY THE SNOWMAN

Frosty the snowman was a jolly happy woul,  
 With a corn cob pipe and a button nose  
 And two eyes made out of coal.  
 Frosty the Snowman is a fairy tale, they say,  
 He was made of snow but the children know  
 How he came to life one day.  
 There must have been some magic  
 In that old silk hat they found,  
 For when they placed it on his head,  
 He began to dance around.  
 Oh, Frosty the Snowman was alive as he could be,  
 And the children say he could laugh and play  
 Just the same as you and me.

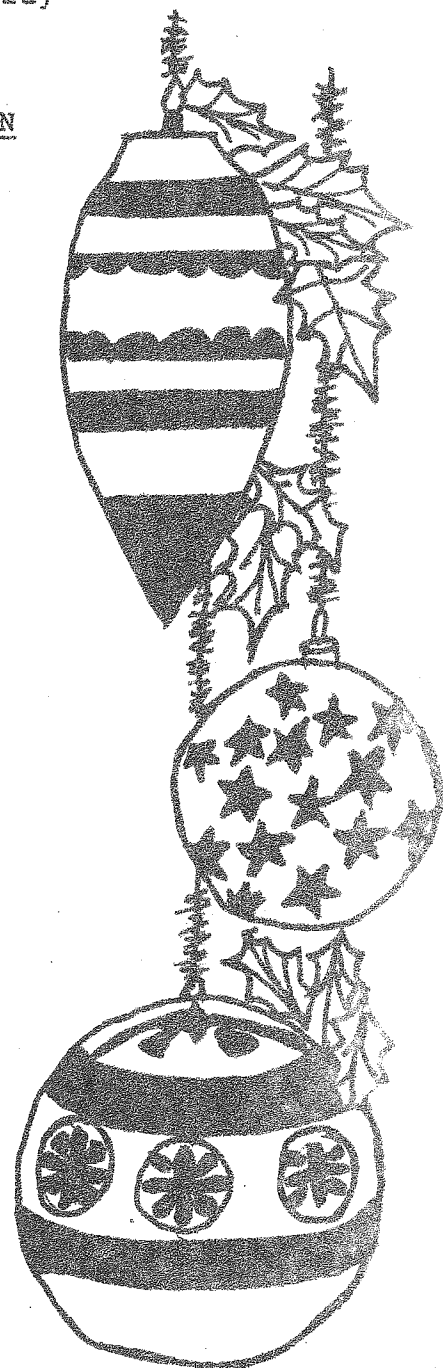
SANTA CLAUS IS COMIN' TO TOWN

You better watch out, you better not cry,  
 Better not pout, I'm telling you why:  
 Santa Clause is comin' to town.  
 He's making a list and checking it twice,  
 Gonna find out who's naughty and nice.  
 Santa Claus is comin' to town.  
 He sees you when your sleeping  
 He knows if your awake,  
 He knows if you've been bad or good,  
 So be good for goodness sakes  
 Oh! You better watch out,  
 You better not cry,  
 Better not pout, I'm telling you why:  
 Santa Claus is coming to town.

JINGLE BELLS

Dashing through the snow  
 In a one horse open sleigh,  
 O'er the fields we go,  
 Laughing all the way;  
 Bells on bob-tail ring,  
 Making spirits bright;  
 What fun it is to ride and sing  
 A sleighing-song tonight!

Jingle Bells, Jingle Bells  
 Jingle all the way  
 Oh what fun it is to ride  
 In a one-horse open sleigh!



RUDOLPH THE RED-NOSE REINDEER

You know Dasher, and Dancer, Prancer and Vixen  
 Comet, Cupid, Donner and Blitzen,  
 But do you recall  
 The most famous reindeer of all . . .

Rudolph, the Red-nosed reindeer,  
 Had a very shiny nose,  
 And if you ever saw it,  
 You would say it even glows!

All of the other reindeer  
 Used to laugh and call him names;  
 They would never let poor Rudolph  
 Join in any reindeer games.

Then one foggy Christmas eve,  
 Santa came to say:  
 Rudolph, with your nose so bright,  
 Won't you guide my sleigh tonight?

Then how the Reindeer loved him  
 As they shouted out with glee;  
 Rudolph the Red-nosed Reindeer,  
 You'll go down in history!

WINTER WONDERLAND

Sleigh bells ring, are you list'nin?  
 In the lane, snow is glit'nin,  
 A beautiful sight, we're happy tonight,  
 Walkin' in a winter wonderland!  
 Gone away is the blue-bird,  
 He sings a love song, as we go along.  
 Walkin' in a winter wonderland!  
 In the meadow we can build a snowman,  
 Then pretend that he is Parson Brown;  
 He'll say, "Are you married?" We'll say,  
                   No, man!"

But you can do the job when you're in town!  
 Later on, we'll conspire,  
 As we dream by the fire,  
 To face unafraid, the plans that we made,  
 Walkin' in a winter wonderland.

THE KAMLOOPS BAND OF INDIANS  
BY-LW #1978 - 1

---

A By-Law to amend By-Law #1977-1, being the Kamloops Indian Band Fire Prevention By-Law, 1977-1.

The Council of the Kamloops Band of Indians, in open meeting assembled, enacts as follows:

1. The Kamloops Indian Band Fire Prevention By-Law 1977-1 is hereby amended, as setout hereafter.
2. This By-Law may be cited as the Kamloops Indian Band Fire Prevention By-Law Amendment By-Law 1978 - 1.
3. There should be added to the Definition Section being Section 2 of the Fire By-Law the following definitions:

#1977 - 1

(f) "Building Inspector" shall mean the person or persons appointed from time to time by the Kamloops Indian Band Council to carry out the duties and responsibilities that are applicable under this By-Law. This shall include the appointment of a building inspector from a municipal body who may be appointed by title and by specific reference to that municipal body.

(g) "Electrical Inspector" shall mean the person or persons appointed from time to time by the Kamloops Indian Band Council to carry out the duties and responsibilities that are applicable under this By-Law. This shall include the appointment of an electrical inspector from a municipal or provincial body who may be appointed by title and by specific reference to that municipal or provincial body.

(h) "National Building Code" shall mean the National Building Code of Canada as prepared and issued by the Associate Committee on the National Building Code National Building Code, National Research Council, Ottawa, Ontario from time to time and including all ancillary regulations, amendments and otherwise.

(i) "Electrical Energy Inspection Act" shall mean the Electrical Energy Inspection Act being Chapter 126 of the Revised Statutes of British Columbia and shall include the regulations made by Order-In-Council 2642, August 14th, 1975 and any other regulations and amendments as may be proclaimed or be in existence under this Act from time to time.

4. Section 9 is hereby repealed and the following substituted therefore.

9(1) PERMITS & FEES. Permits shall be required by this By-Law or under any Code or Act adopted by this By-Law and they shall be specifically issued by the Kamloops Indian Band for any purpose and shall be issued only on the payment by the applicant of a fee of \$10.00.

The following permits, inter alia, shall be issued by the Kamloops Indian Band.

(a) Permits of the storage of flammable liquid and including the following:

- (1) For any installation of gasoline tanks, oil tanks, diesel tanks and pumps.
- (2) Installation and inspection of compressed gas appliances or systems for domestic use, or for re-inspection, or changes in the system.
- (3) Installation and inspection of domestic and commercial oil burners, including wall and floor furnaces and including tanks.
- (4) Installation and inspection of bulk propane,

- (5) bulk gasoline, or bulk oil storage tanks for storage or other purpose built above the ground.

This Section Deals With The Industrial Park Only

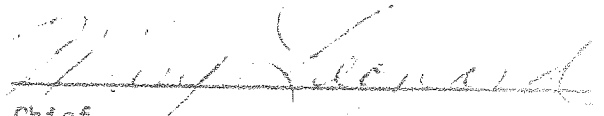
- (b) Occupancy permits which must be obtained by any owner, lessee, tenant or occupant prior to:

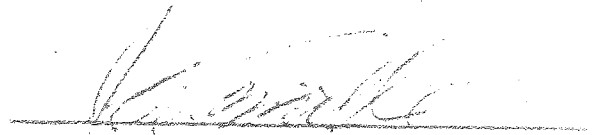
- (1) Occupancy of a building or part thereof after construction partial demolition or alteration of that building, or
- (2) Change in the occupancy of any building or part thereof, Section 2.4.14. of the National Building Code.

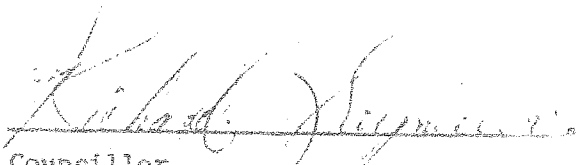
5. The following shall be incorporated as paragraph 11 therein:  
"There is incorporated as part and parcel of this By-Law the Electrical Energy Inspection Act and all regulations thereunder, It shall be a requirement of all owners, tenants, occupants, contractors or other persons or companies doing any electrical work on new buildings or additions and repairs to existing systems and buildings to obtain a permit as required under the Electrical Energy Inspection Act from the person or persons who may be designated from time to time as the Electrical Inspector for the Kamloops Indian Band. The fee for such permit shall be paid to the designated electrical inspector of the Kamloops Indian Band
6. The following shall be incorporated as paragraph 12 therein:  
It shall be a requirement of all owners, tenants, occupants, contractors, or other persons or companies constructing or intending to construct any commercial, industrial, public, residential or any other building or any kind or description to obtain a building permit from the building inspector as designated from time to time by the Kamloops Indian Band. It is intended and required that where any such permit shall be required to be paid to a building inspector who is also designated as such by municipal or provincial body that the fees for such permit shall be paid to such building inspector or the municipal body, as the case may be appropriate, in an amount as required by such municipal or provincial body from time to time to persons or companies not under the jurisdiction of the Kamloops Indian Band.

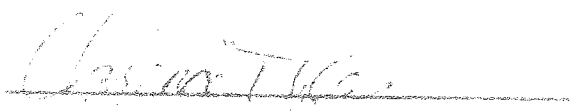
7. There is incorporated as part and parcel of this By-Law the Municipal Volunteer Fire Department Code of Canada 1962 as issued by the Associate Committee on the National Fire Code as part of the National Research Council of Canada including all amendments and regulations thereunder.

Approved and passed at a duly convened meeting of the Council of the Kamloops Band of Indians this            day of November, 1978

  
\_\_\_\_\_  
Chief

  
\_\_\_\_\_  
Councillor

  
\_\_\_\_\_  
Councillor

  
\_\_\_\_\_  
Councillor

Copies of the Fire Prevention By-Law are available at the Fire Prevention Office in the Administration building for any one wishing a copy.

This by-law adopted the National Building Code which is the building by-law for all of British Columbia, the national Fire Code and fire marshal act and regulations, also being a law throughout the Province, except on Indian Reserves unless adopted by their respective councils.

The band had an agreement with the Regional District for their building Inspector for the approval of all construction in the Industrial Park. The Provincial Electrical Inspector up to now had no legal authority to control electrical work done by contractors on the reserve unless specifically called in to inspect any work being done.

Up unless now work has been done on band housing and in the Industrial Park that does not comply with the codes and as a result a majority of band housing is of substandard quality and in an unsafe condition resulting in a great deal of money having to be spent to up grade them.

The amendment to the by-law is to prevent any developer or contractor from doing any construction of buildings or electrical and plumbing work that does not comply with the building and fire safety codes, both in the Industrial park and on Band buildings and housing.

Council has now appointed the Regional District Building Inspector and the Provincial Electrical Inspector as the authority to enforce the appropriate codes and no work can be carried out without first obtaining permits for approval from them, this service is at no cost to the Band. The permit fees charged for jobs covers the costs of inspections and approval of plans.

Council has also decided that the Band will sooner or later have to set up a Fire Department within the Reserve and so have adopted the Municipal Volunteer Fire Code of Canada for setting up the organization when the time comes, at that time we will be calling for at least 20 people to man the Department. It is hoped that a good number of our Band Members will come forth and in this very important venture participate, as members of this 20 man department.

Any one wishing any further information or explanation of the by-laws please do not hesitate to contact me.

Bob Allan  
FIRE PREVENTION OFFICER





PEOPLE RUNNING FOR  
CHIEF  
IN BAND ELECTION  
ON DECEMBER 13, 1978

---

1. Mary Leonard
2. Kenneth Manuel

---

PEOPLE RUNNING FOR  
COUNCIL  
IN BAND ELECTION  
ON DECEMBER 13, 1978

1. Marie Baptiste
2. Joe Camille
3. William Camille
4. August Gottfriedson
5. Clarence T. Jules
6. Robert D. Jules
7. Neil Leonard
8. Arthur Paul
9. Richard Seymour
10. Ernest Thomas



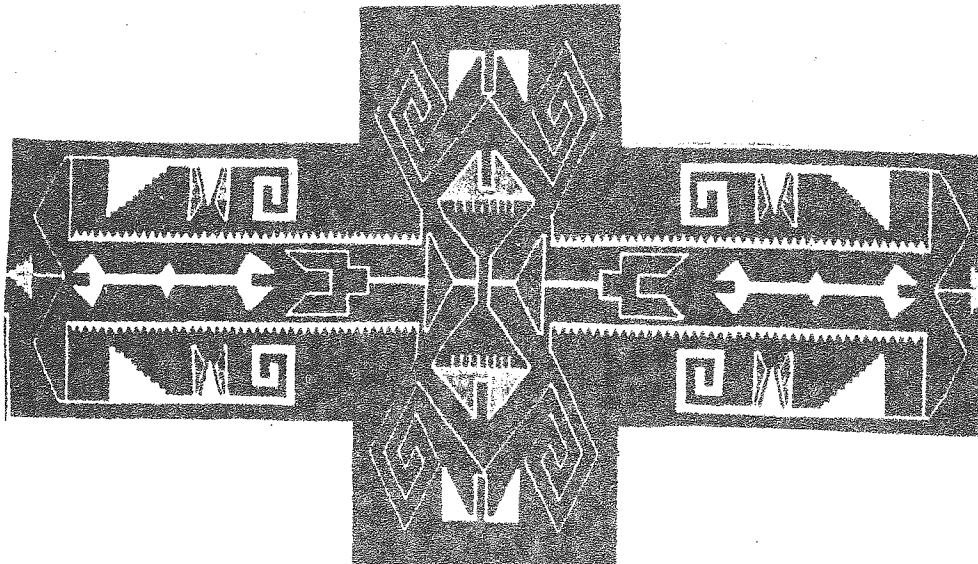
GREETINGS FROM THE SHUSWAP NATION POW WOW CLUB

We are pleased to inform you that our group is fast becoming a well knit group of dancers. It has taken a lot of hard work and practice to achieve the level we are now attaining. The number of our group has greatly increased since our beginning three months ago. Besides ourselves we are now joined by the dance group from Chase who come down every two weeks, with us going up there between every visit. We have begun to outfit all our dancers but it will still be a while before we get everyone outfitted, so any donations of materials or such would be greatly appreciated. We were planning to have a Pow Wow this month but put it off until early in the New Year so be prepared for that. In closing we would like to thank Clarence and Delores Jules and Joe and Evelyn Camille for the rides and assistance, all the parents for their support and especially Martha Paul who encouraged us to get the club off the ground.

Yours in brotherhood,

John Jules

For the Pow Wow Club



ANSWERS

1. House Numbers
  2. Two grooves, one on each side.
  3. Electric trains don't have smoke.
  4. One of the coins is not a quarter, it is a dime. The other coin, of course, is a quarter.
  5. 103 ( $50 \frac{1}{2} = 100$ ,  $100 + 3 = 103$ )
  6. Three
  7. True. The third error is that there are only two errors.
  8. Two hours (unless he had a digital alarm clock that can be set for A.M. or P.M.)
  9. Since one of the terms in this series will be (x-x) which equals zero, the product of the entire series is zero.
  10. Pour the contents of glass No. 2 into glass No. 5.
  11. "I will be shot with poison arrows"
- 

HANDICRAFTS SHOP OPEN

Switzemalph Society Arts & Crafts Shop Now opened Monday - Friday, 9 a.m. - 4 p.m., Locally made handicrafts. Vests, moccasins, birch and cedar baskets, miniature spears (beadwork: armbands, hair pieces, purses, etc.

Phone: 832-6237

3 miles west of Salmon Arm, B.C.  
At A - Frame  
Neskainlith Reserve #3

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FOR SALE

14 Foot Canoe

3 years old

\$125.00

Contact: Dan Saul

374-6589

EVERYONE WELCOME

The Staff of the Kamloops Indian Band invites everyone to come in for light refreshments and a social get-together on December 22, 1978 at the Band Office from 1:00 to 4:00 P.M.

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LOTTERY

Reminder: Did you buy your ticket for the Lottery yet? The draw will be on December 16, 1978, at the gymnasium at the Residential School, the Shuswap Sisters will be selling tickets at the door just before the draw is made.

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MINI POW WOW

Films will be shown Thursday, December 14, 1978 at 7 P.M. at the Kamloops Indian Student Residence Gym, before the Mini Pow Wow with the Shuswap Nation Pow Wow Club and the Chase Group. Films shown will be:

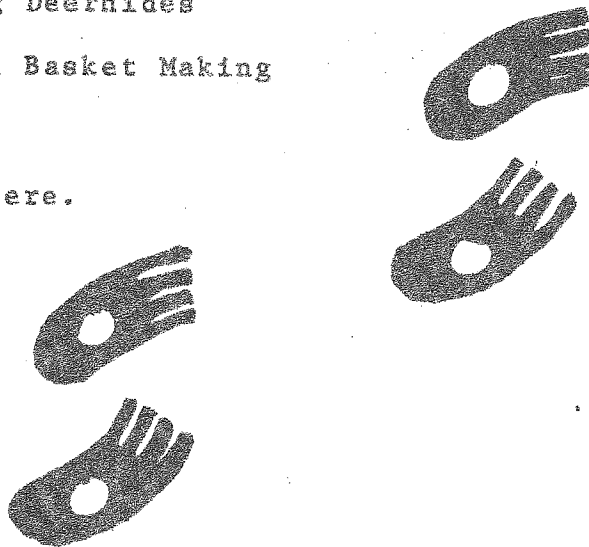
Birch and Cedar Basket Making

Tanning Deerhides

Bulrush Basket Making

Legend

Hope to see everyone there.



ADMINISTRATORS REPORT

Dear Band Members:

I would like to take the opportunity to wish you the best over the Festive Season. Its been an extremely busy year with some changes with the office in procedures and some staff drags. Band Members have been extremely understanding and helpful in assisting us with those changes.

Good luck in the new year and I wish each of you prosperity.

Yours truly,

Gerry Hutchison  
BAND ADMINISTRATOR

\*\*\*\*\*

Congratulations

TO FRED CAMILLE AND CAROL ON THE BIRTH  
OF THEIR SON, WHO WEIGHED IN AT 6 LBS.  
7 OZS. BORN: TUESDAY MORNING AT THE  
ROYAL INLAND HOSPITAL.



C H I L D R E N S C H R I S T M A S P A R T Y

PLACE: PAUL CREEK COMMUNITY HALL  
TIMES: VISIT WITH SANTA: 6:00 - 9:00 P.M  
CHILDREN FROM 12 YEARS OLD AND UNDER  
DISCO DANCE: 9:00 - 12:00 P.M.  
CHILDREN FROM 13 YEARS TO 17 YEARS

YOUR CHILDRENS PICTURE COULD BE TAKEN  
WITH SANTA, COURTESY OF SHUSWAP SIS-  
TERS, AT A COST OF \$2.00 PER PICTURE.

TIME: DECEMBER 20, 1978

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\*\*\*\*\*  
\*\*\*\*\*

BABY-SITTING AVAILABLE

Would like to do baby-sitting in my home.

Contact: Victoria Casimir  
316 Cree Road

Messages: 374-5758  
374-0575



RECIPES FOR YOUR CHILDREN  
OVER THE LONG HOLIDAY SEASON.

POPCORN BALLS

2 quarts freshly popped corn

Basic Syrup

1 cup sugar	1/2 cup light corn syrup
1/2 cup water	1/4 cup plus 1 tablespoon butter
1/8 teaspoon salt	or margarine
1/2 teaspoon vanilla extract	4 to 5 drops green or red food coloring
	(Optional)

Preheat oven to 325 degrees F. Spread popped corn in large baking dish. Place in oven to keep warm while making syrup.

In small saucepan combine sugar, corn syrup, water, 1/2 cup butter or margarine and salt. Cook over medium-high heat to firm-ball stage, 250 degrees F. on candy thermometer. Remove from heat; stir in vanilla and food coloring, if desired.

Gradually pour syrup over popcorn, mixing gently with wooden spoon. Let stand 1 to 2 minutes until cool enough to handle. Grease hands with remaining butter or margarine. Shape into 3-inch balls, packing loosely. Place on waxed paper to cool completely. Wrap in plastic wrap and tie with ribbon or strings. Makes 6 balls, about 350 calories each.

Hang gaily wrapped popcorn balls on your Christmas tree, but don't be surprised if the elves get them.

POPPY, THE SNOWMAN

2 quarts popped corn	1 recipe Basic Syrup (see popcorn balls, above)
Butter or margarine	4 large black gumdrops
1 black jelly ring	4 small green gymdrops
1 small red gumdrop	1 large orange gumdrop
red string licorice	1 foot ribbon, optional for scarf
1 wooden skewer	

Preheat oven to 325 degrees F. Place popped corn in large baking pan; keep warm while making syrup.

Prepare Basic Syrup. Gradually pour syrup over popped corn and toss lightly with wooden spoon. Let stand until cool enough to handle, about 2 minutes. Grease hands with butter or margarine. Press small portion of mixture lightly into a 3-inch ball for head; place on waxed paper. Repeat procedure, making 2 more balls, 4 1/2 and 6 inches for body of snowman. Let stand at room temperature until firm.

FOR TOP HAT: Roll one large black gumdrop to 2 1/2-inch circle between 2 sheets of waxed paper; sprinkle with sugar to prevent sticking. Place black jelly ring on circle. Then top with a large black gumdrop to form

top hat. Secure with toothpick. Trim 1/2 inch from flat end of each of 2 small green and 1 small red gumdrop. Fasten to crown of hat with toothpicks to form decoration; set hat aside.

TO ASSEMBLE: Stack popcorn balls on top of one another starting with the largest ball. Secure with long wooden skewers, if desired. Fasten "top Hat" with toothpicks to 3-inch ball. With scissors cut 2 remaining black gumdrops into 2 triangles for eyes and orange gumdrop into triangle for nose. Cut 1-inch piece of red licorice for mouth. Fasten all to 3-inch ball with toothpicks. Use 2 small green gumdrops for buttons and attach with toothpicks to 4 1/2 inch ball. Tie ribbon around around the base of 3-inch ball for scarf.

#### POPCORN CANDLE

6 cups popped corn	1 pkg. (10 oz.) marshmallows
1/2 cup plus 1 tablespoon butter or margarine	(about 4 cups)
Two 4-inch funnels or paper cones	Green Sugar
	2 candied green cherries
	2 toothpicks

Preheat oven to 325° F. Spread popped corn in large baking pan. Place in oven and keep warm while making marshmallow mixture. Generously grease inside of funnels using 1/2 tablespoon butter each.

In top of double boiler place 1/2 cup butter or margarine and marshmallows. Cook over hot, not boiling water, until melted. Remove from heat.

Gradually add marshmallow mixture to popped corn tossing gently with wooden spoon to coat evenly. Pack approximately 1 quart corn mixture tightly into each funnel, pressing firmly with wooden spoon. Let stand until firm, about 1/2 hour. Meanwhile, shape remaining mixture into 2 - 1 inch balls; set aside. Remove "trees" from funnel, loosening sides with small, sharp knife. Press one small ball onto base of each of each tree. Place upright on waxed paper, flattening ball slightly so tree will stand securely. Sprinkle with green sugar. Top with green cherry by attaching it with a toothpick. Makes 2 4-inch trees (or 4 trees if you make your own cone).

Editors Note: For paper cones, cut two 9-inch paper plates in half: flatten slightly. Shape into cones, coated - side in and staple. If plates are uncoated grease inside.)





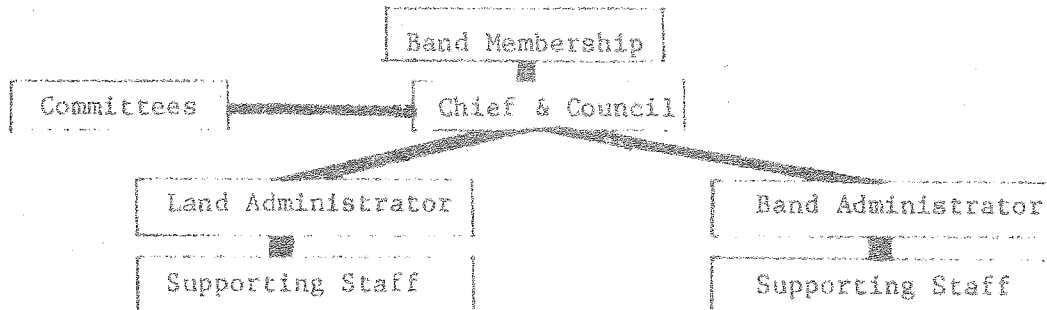
Dear Band Members:

December 7, 1978

The time has come for me to sit down and seriously discuss with you my political platform for the upcoming election.

One of my concerns for a long time has been the lack of more general band meetings in which all band members can become more involved in the business of the band and in the decision making of the band.

I see the decision making structure of the band, as follows:



In order to have an effective Council that will work for all band members we want and need more general band meetings. We need more ideas and more input from our band members.

This will be one of the major platforms in which I seek office, as Councillor, and that is to ensure that we have more band member involvement in the major decision making of the band.

What are my other concerns, I list them as follows:

1. MORE WORK OPPORTUNITIES

How? Only one way is to try and provide more job opportunities by utilizing existing or upcoming work programs. i.e.

- a. Canada Works,
- b. Local Initiative Programs,
- c. L.E.A.P.
- d. Canada Manpower Programs,
- e. Etc. Etc.

There are numerous funding facilities available to create work and benefit the band at the same time.

2. MORE EDUCATIONAL OPPORTUNITIES

How? We should be thinking now of training interested band members to undertake programs in areas such as:

- a. Band Administration,
- b. Land Administration, which could include - Appraisers, Community

Planners, Economic Development, etc.

- c. Secretarial and Clerical work.
- d. Plumbing, electrical, etc.

We should also be looking for more funds to pay them the rate that they would be receiving if they worked in town at the same job.

### 3. RECREATIONAL FACILITIES

There are facilities available to the band already, which could be utilized more by obtaining funds for a Recreation Worker, who could do a lot of organizational work that can't be done by volunteers, work such as:

- a. organizing sports teams, securing funds needed for uniforms, tournaments, equipment, etc.
- b. organizing more recreational and social functions, events where we could have a break from work or even being a home-body.
- c. securing funding for the improvement of present facilities i.e landscaping for the childrens playground and possibly making a camping site or picnic area by the tennis courts for the use of the band members and various teams that come in for tournaments, teams who can't afford to rent hotels or motels.
- d. securing funds for the upgrading and possibly adding on to the Paul Creek Hall so that more use could be made of this facility, which is the closest meeting place for band members to gather.

There is a lot of work that this person could do for existing sports teams and for organizing new sports teams to help them get started.

We need recreational and sports activities to fill the time for when school is finished, chores are done and when our work day is over and we still have more energy to burn.

### 4. TRANSPORTATION PROBLEMS

It seems apparent that a lot of band members have problems in obtaining transportation (other than a taxi service, which is costly) to get to work, to get to school and to get to various events.

Something will have to be done or arranged to secure funds to:

- a. upgrade roads so that we could get the buses to have more pick up points for school children.
- b. possibly a bus service right on reserve for transportation into town so that band members who live on reserve can get

to work, or to school, or even shopping.

- c. arranging of special bus service to bring people to: meetings, tournaments, social events, bingos, etc.

This may be a long time coming - but it sure is needed and is something to start working at.

These are some of the goals I intend to work towards and I hope to accomplish by having the support and the involvement of all band members.

5. OTHER CONCERNS

There are a lot of items of major concern to the Band, as a whole, which include:

- a. Halston Bridge,
- b. Second Industrial Sub-Division,
- c. Land Allocations,
- d. Almost total take over by the band of land management, membership, estates, etc.
- e. Elections, itself.

My stand on the above is that no matter what my stand is or any one individual band members stand is, what governs in the end is the decisions made by the Band, as a whole, at a band meeting.

6. WHAT CAN I PROMISE YOU?

I will not make any individual band member a promise, but I will promise all of you that I intend:

- a. To be fair and equitable to all band members,
- b. That I will work to accomplish the goals I have set out above,
- c. That I will be honest and trustworthy.

There is nothing else I can promise you.

I wish to express my regards to each and every candidate who is running for office.

May the best man or woman win.

The only other thing I can add to this is that each band members has the right and the opportunity to choose the best people to be on their Council for the next two years. Do it wisely, but do it when we have the elections on the 13th of December.

Thank you for your time.

*Marie Dupont*

**HAPPY**

Norman Lakee

**HOLIDAYS**

**MERRY CHRISTMAS**



Mary Bob  
Henry Johnson  
Cathy Johnson  
DELORES  
Johnny  
Robert

Perky  
Casimir

Marky  
again  
Kathy

Deb Williams  
David Seymour  
John  
Kathy

Babs.  
Casimir  
John  
John  
Martha  
Paul  
Joseph Jules  
Harry  
Lorraine

Lucienne.  
Richard  
Mary  
Mildred  
Josephine  
Edna  
Mary

Rosemary  
Casimir  
MIM  
Leonard  
W. Manuel  
Gary  
Gordie

Bob Allen  
x Dawn

Shirley  
Seymour  
Cookie  
x

W. Manuel  
Gary  
Gordie