### LFN Daily Morning Schedule

### 7:30 - 8:00 am: Early Arrival

• Offer Breakfast

### 8:00 – 8:40 am: Meet and greet

- use cloak room words clothing, routines
- Free Play: Set out language games and activities

#### 8:40 – 9:00 am: Calendar, Welcome Song, Praver

- - Transition to clean-up, bathroom routine, snack
- 9:00 9:15 am: Morning Snack

## 9:15 am: Language Stations (according to monthly theme)

• Rotating groups

### 10:25 am: Outside/Gym/Free Play

- 40 minutes Free Play
- 20 minutes Structured Language Games/Play

# **11:30** am: Transition to inside for bathroom and lunch routine

- Sign out of Preschool Program
- Sign into Daycare Program

### 11:30 - 12:00: Lunch

- Secwepemctsin Prayer
- Eat Lunch



## LFN Daily Afternoon Schedule

### 12:00 – 12:30 pm: Lunch clean-up and Bathroom Routine

- 2 selected children to help clean: sweep, wipe tables
- Brush teeth, wash faces, and hands
- Look at book on bed mats

### 12:30 – 2:00 pm: Nap Time/Quiet Time

• Children sleeping

### 2:00 – 2:30 p.m.: Wake up, Afternnon Snack

### 2:30 - 3:00 p.m.: Various Stations

- Art table (with teacher)
- Housekeeping and puppets (teacher assisted)
- Painting/play dough
- Sensory table/water table
- language computer time

### 3:00 – 3:15p.m.: School Bus Departure

• Gather lunch kits, coats, notices, etc.

#### 3:15 p.m. – 4:30 p.m.: Free Play /Home Time

- Blocks/cars, open computing, puppets, house keeping
- \* Close painting/sensory at 4:00

\* If outside, move inside at 4:00; move any equipment/materials inside with children's help

Mondays – Head Checks

Wednesday – Drumming (2:30-3:30)

Friday – X Box Day (2:30 – 3:00)